

Nucleon spin structure in the strong QCD regime

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Why is the **spin** of the nucleon interesting ?

Spin is responsible for shaping world:

- fundamental components of matter: spin $\frac{1}{2}$
⇒ **matter doesn't collapse.**
- spin even bosons: attractive forces. e.g. nuclear force (pion), gravitation.
⇒ **stable nuclei, burning stars, structured universe...**
- spin odd bosons: repulsive between like charges, attractive between opposite charges.
⇒ **neutral atoms.**

⇒ Spin is key to the marvelous diversity of the universe

Why is the spin of the nucleon interesting ?

- Human curiosity: interesting to know how $S_N = 1/2 = \frac{1/2\Delta\Sigma}{\text{quark spin contribution}} + \frac{\Delta G + L_G}{\text{gluon contribution}} + L_q$.
quark spin contribution gluon contribution quark orbital angular mom.
- **Nucleon**: most of mass of known matter in the universe. **Spin**: Fundamental observable.
Fundamental understanding of matter.
⇒ understand its elementary bricks
- Spin degrees of freedom: **additional handles to test theories.**
 - Constituent quark model, Parity symmetry of physical laws, Ellis-Jaffe sum rule, ...
 - Spin permits more complete study of QCD;
 - mechanism of confinement;
 - how effective degrees of freedom (hadrons) emerge from fundamental ones (quark and gluons);
 - **Test effective theories and models for nucleon/nuclear structures.**

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CERN's EMC experiment (1987): $\Delta\Sigma \sim 0$

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- \Rightarrow Nucleon spin composition is not trivial. Thus it reveals interesting information on the nucleon structure and the mechanisms of the strong force

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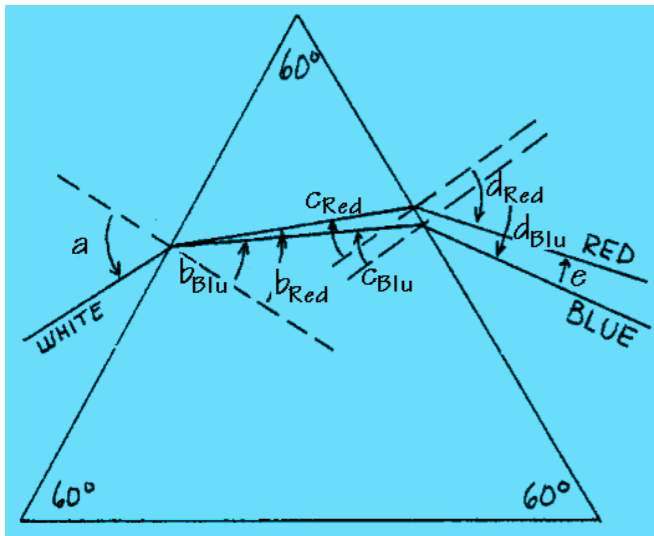
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Effective descriptions of Nature

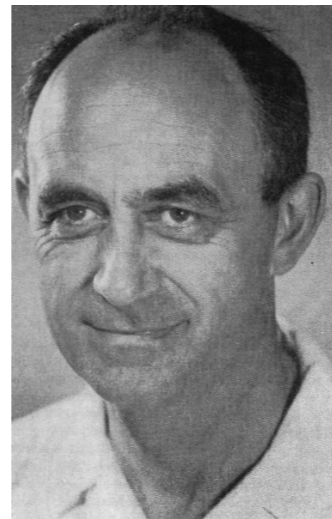
Fundamental forces: **electromagnetic**, **weak**, **strong**, **gravitation**
Fundamental particles: quarks, electrons, neutrinos...

Effective descriptions of Nature

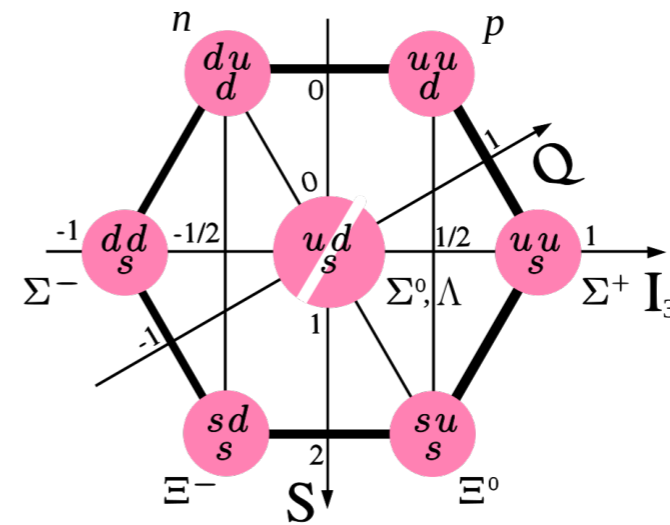
Complex systems (many interacting parts). Fundamental theories and d.o.f become too unwieldy.



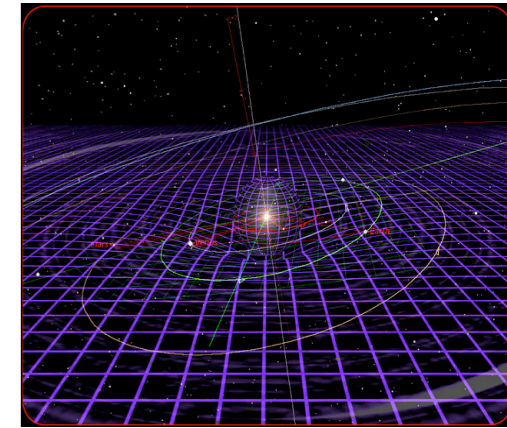
Geometric optics
d.o.f: rays



Fermi theory
d.o.f: hadrons,
leptons



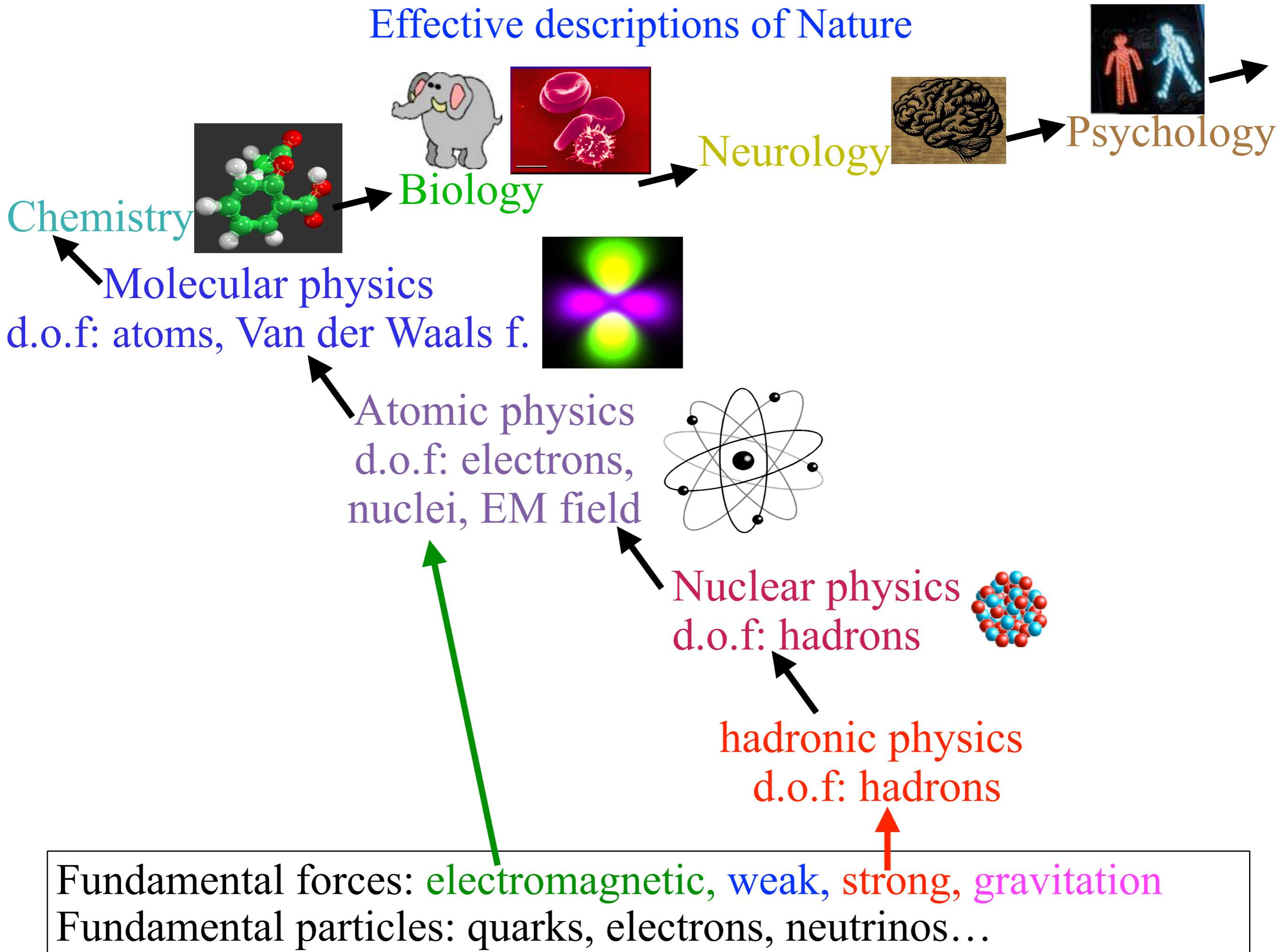
hadronic physics
d.o.f: hadrons



General
Relativity(?)

Fundamental forces: electromagnetic, weak, strong, gravitation
Fundamental particles: quarks, electrons, neutrinos...

Effective descriptions of Nature



Effective descriptions of Nature

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d.o.f: hadrons

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Effective descriptions of Nature

Leading effective theory: **Chiral Effective Field Theory (χ EFT)**.
Obtained using a Lagrangian consistent with QCD's chiral symmetry (neglecting quark masses).

⇒ Crucial piece for a complete understanding of Nature.

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Emerging quantities that characterize the nucleon: charge, mass, anomalous magnetic moment, **polarizabilities**...

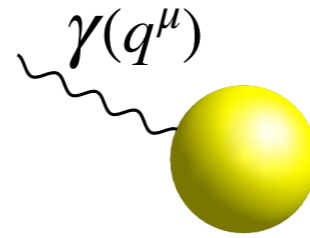
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What are polarizabilities ?

Polarizabilities encode the 2nd order reaction of a body subjected to a (bona-fide, i.e. $Q^2 \equiv -q^\mu q_\mu = 0$) electromagnetic field.



The full reaction is described by two **Compton scattering amplitudes**, f_1 (spin-independent) and f_2 (spin-dependent).

At low photon energy ν , one can expand them in powers of ν :

$$\begin{array}{l} \text{Spin-independent} \longrightarrow f_1(\nu) = -\frac{\alpha}{M} + \dots \\ \text{Spin-dependent} \longrightarrow f_2(\nu) = -\frac{\alpha\kappa^2}{2M^2}\nu + \dots \end{array}$$

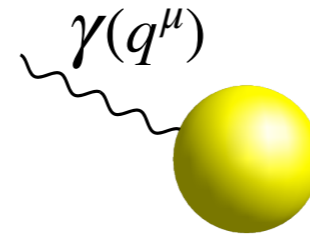
Purely elastic reaction
(rigid object)

QED coupling

Nucleon anomalous magnetic moment

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Electric polarizability
Magnetic polarizability

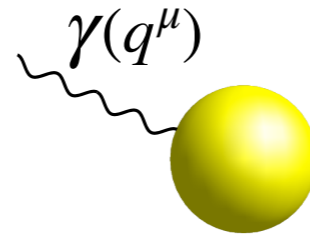
← Polarizabilities

← Spin polarizability

Purely elastic reaction (rigid object)
Reaction with deformation (internal rearrangement)

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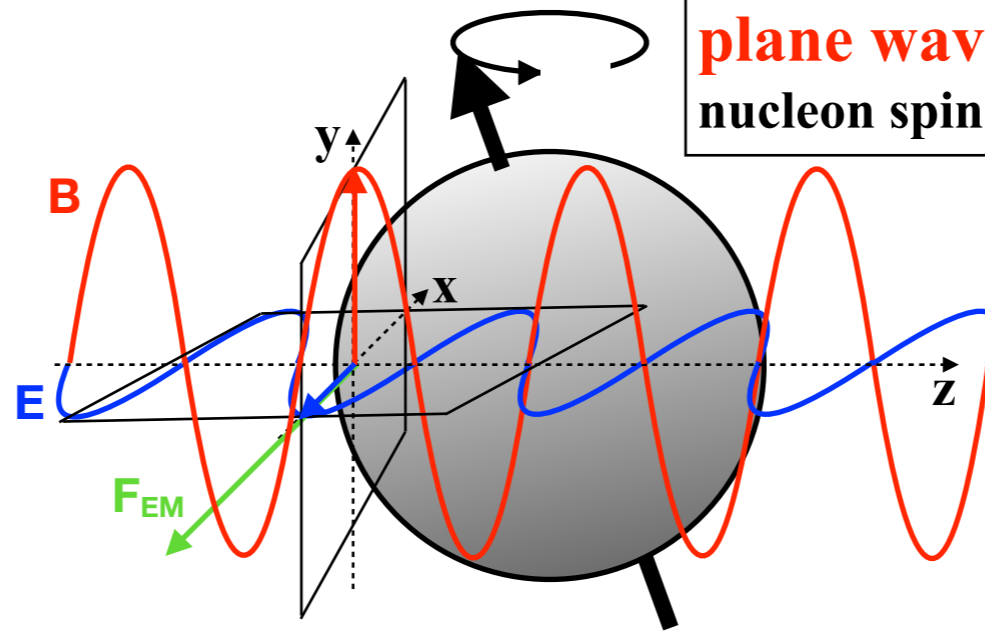
Electric polarizability
Magnetic polarizability
← Polarizabilities

Purely elastic reaction (rigid object)
Reaction with deformation (internal rearrangement)
← Spin polarizability

If $Q^2 \neq 0$, photons are virtual and have **longitudinal spin components**, and another spin polarizability, δ_{LT} , appears (LT stands for Longitudinal-Transverse interference term).

Spin polarizabilities: classical picture

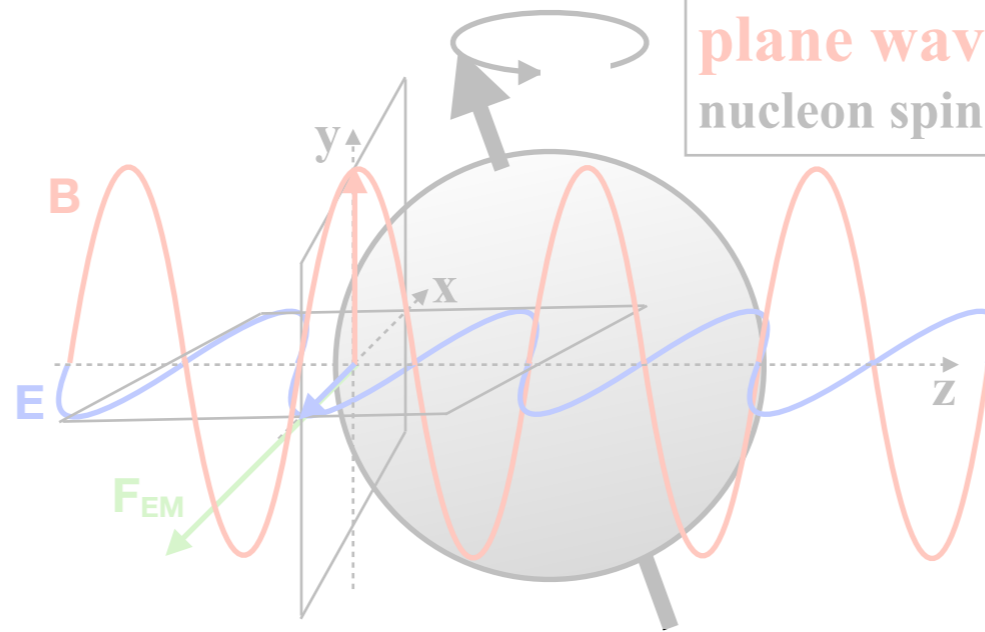
Real photons ($Q^2=0$)
wavelength \geq nucleon size.
Hadronic d.o.f.



Standard electromagnetic
plane waves make the
nucleon spin to precesses: γ_0

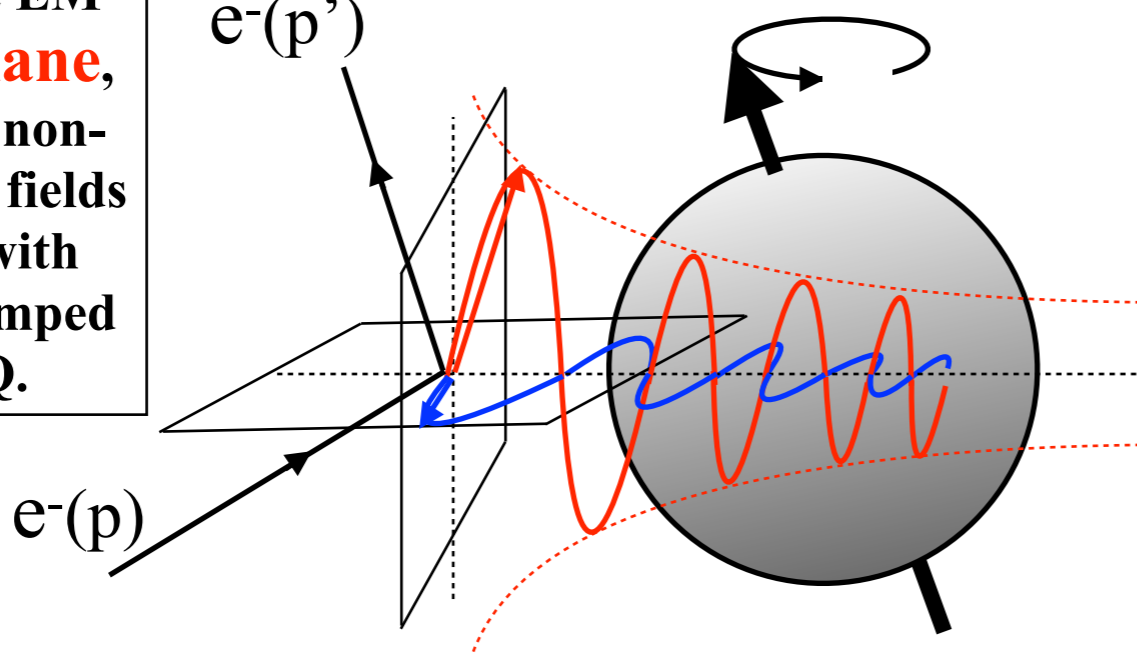
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components with
magnitudes damped
as $1/m_y \sim i/Q$.

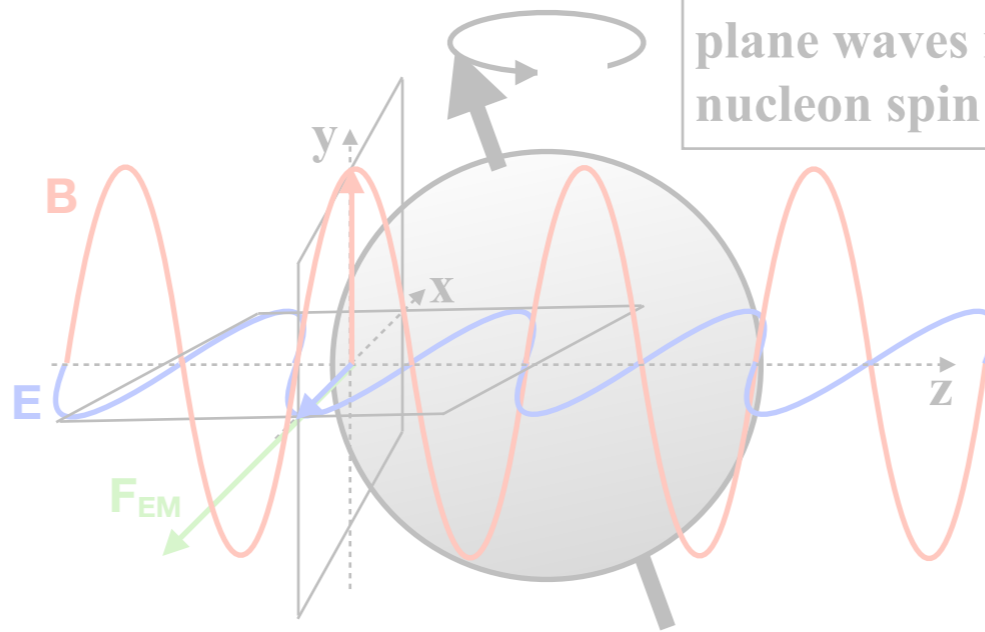


Deformed electromagnetic waves
select specific space-time windows
for the measurement.
Additional **out-of-plane** degrees
of freedom becomes available.

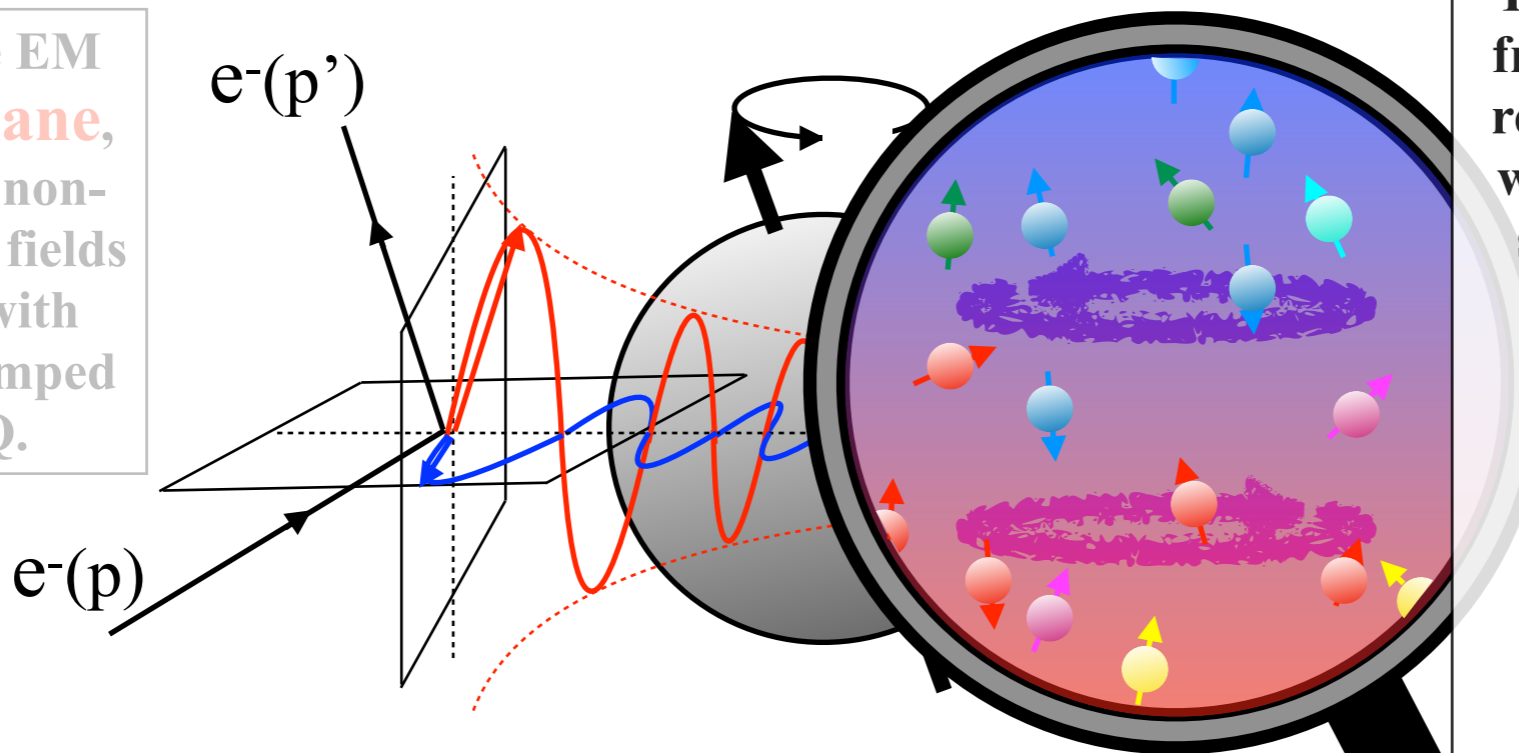
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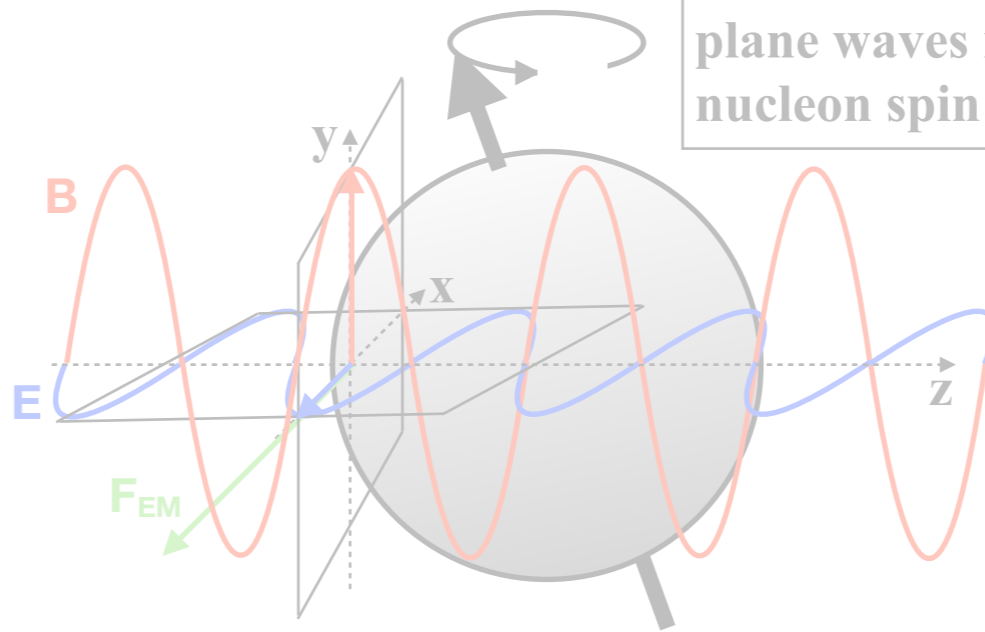
The nucleon spin ultimately arises from the quarks and gluons. Their rearrangements caused by the EM wave is manifested by the nucleon spin precession.

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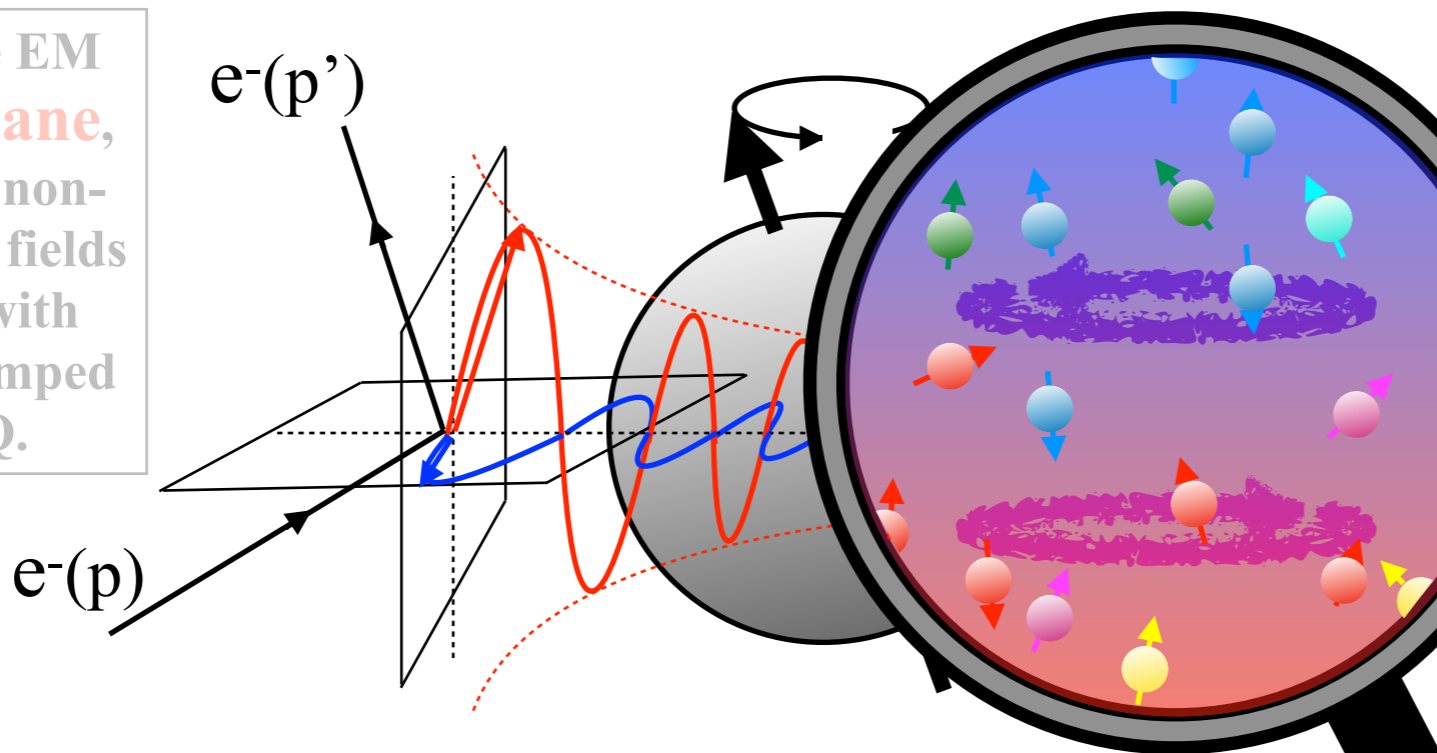
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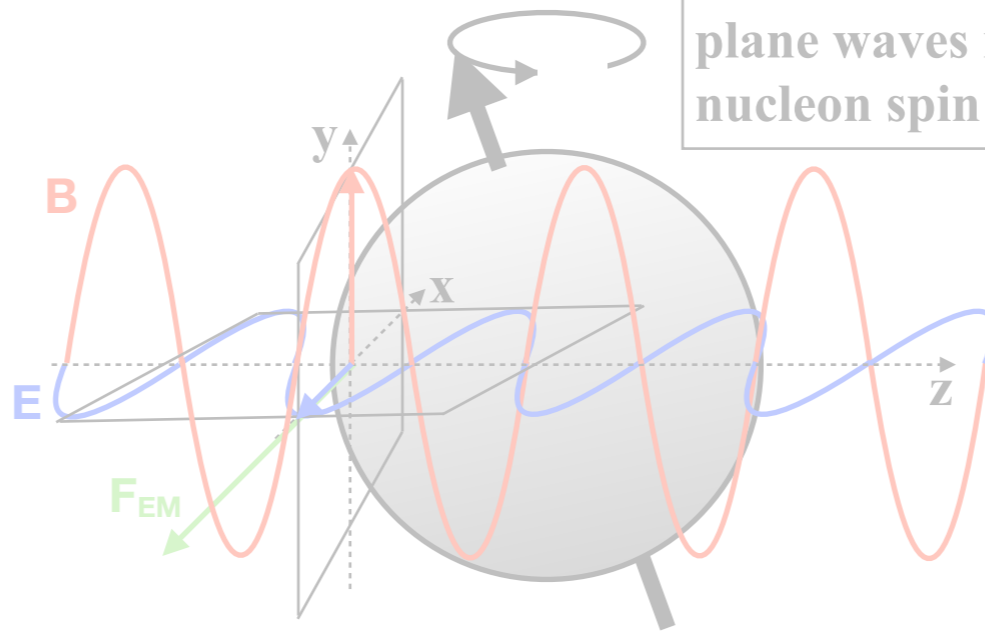
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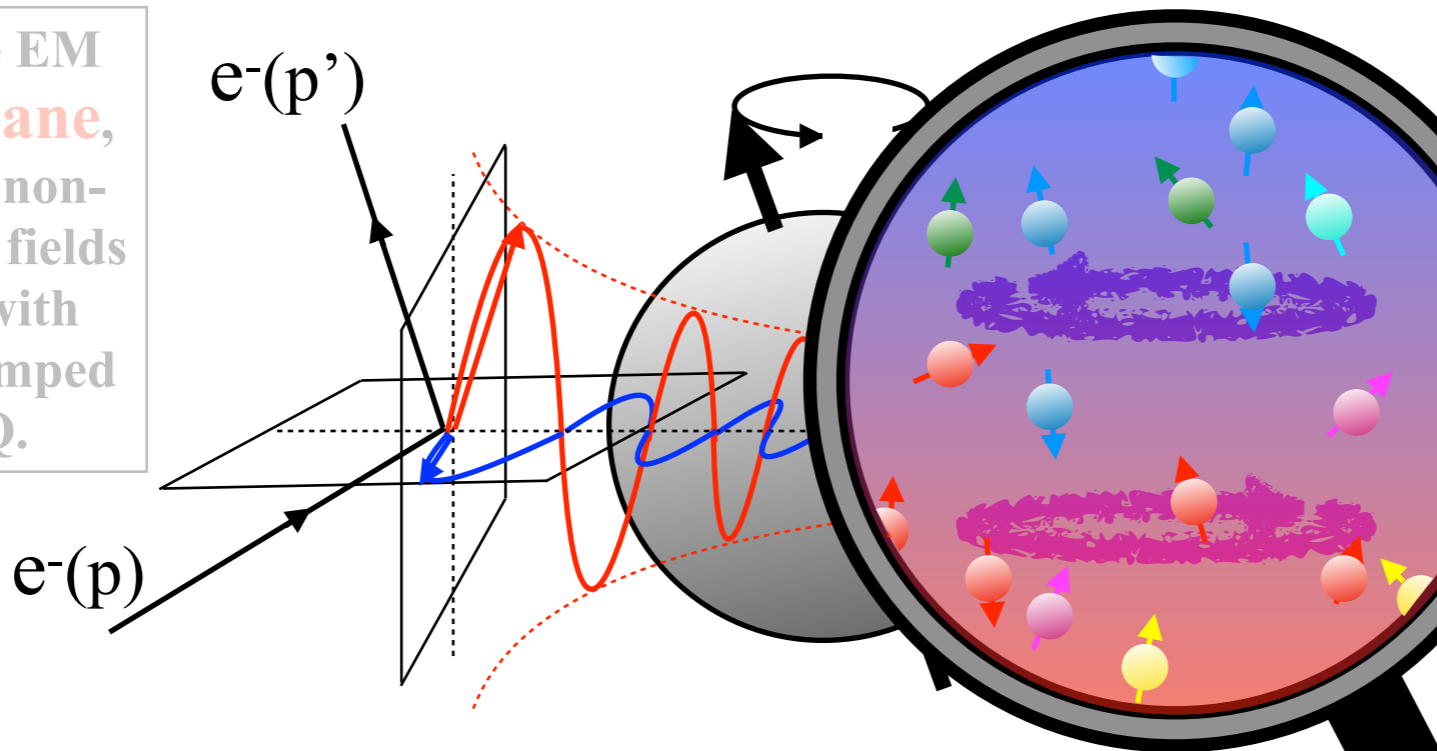
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different components of the non-
planar EM field: δ_{LT} reveals the
rearranging effect of the interfering
longitudinal and transverse EM
field components, and γ_0 the effect of
its interfering transverse
components.

Deformed electromagnetic waves
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Additional **out-of-plane** degrees
of freedom becomes available.

We do not know how to experimentally measure γ_0 and δ_{LT} directly, so *sum rules* are used to measure them.

Sum rule: relation (rule) between a static property of the target and an **integral (sum)** over a dynamical quantity

Spin polarizabilities sum rules:

Generalized forward spin polarizability:

$$\gamma_0 = \frac{4e^2M^2}{\pi Q^6} \int_0^1 x^2 \left(g_1 - \frac{4M^2}{Q^2} x^2 g_2 \right) dx$$

Longitudinal-Transverse polarizability:

$$\delta_{LT} = \frac{4e^2M^2}{\pi Q^6} \int_0^1 x^2 (g_1 + g_2) dx$$

1st spin structure function

2nd spin structure function

Bjorken-x

JLab studies of the spin structure of the **neutron** and **proton** at low Q^2

E97-110 (neutron, using longitudinally and transversally polarized ^3He):

Spokespeople: **J.P. Chen**, A.D., F. Garibaldi

E08-027 (NH_3 , longitudinally and transversally polarized):

Spokespeople: A. Camsonne, J.P. Chen, D. Crabb, **K. Slifer**

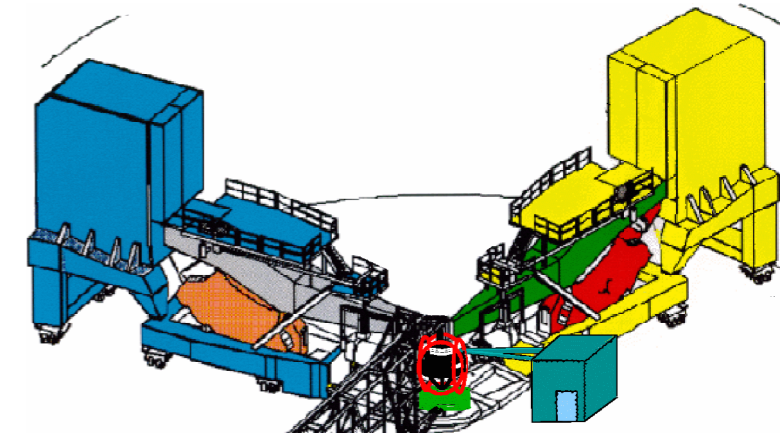
E03-006 (NH_3 , longitudinally polarized):

Spokespeople: **M. Ripani**, M. Battaglieri, A.D., R. de Vita

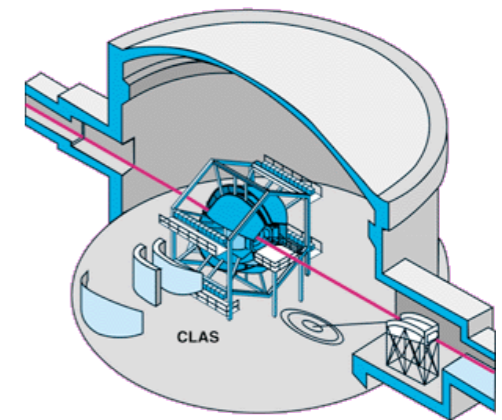
E06-017 (ND_3 , longitudinally polarized):

Spokespeople: **A.D.**, G. Dodge, M. Ripani, K. Slifer

JLab Hall A:



EG4 run group
JLab Hall B:

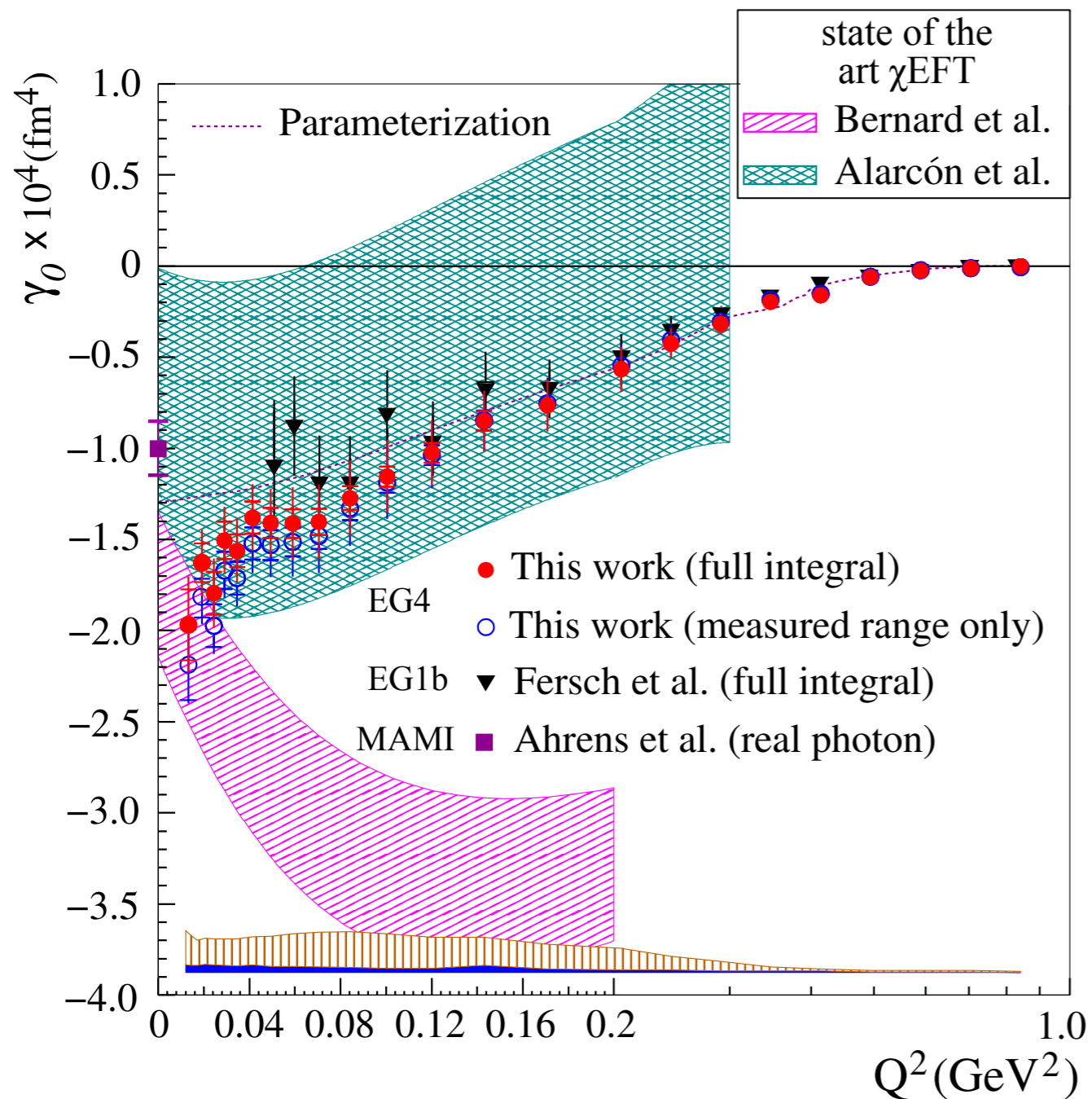


First nucleon spin structure JLab data **reaching well into the χEFT applicability domain.**

EG4 proton,

$\gamma_0^p(Q^2)$: X. Zheng et al,
Nature Phys. **17** 736 (2021)

Archival: AD *et al.* PRC (2025)



JLab low Q^2 experimental results $\gamma_0(Q^2)$ and $\delta_{LT}(Q^2)$

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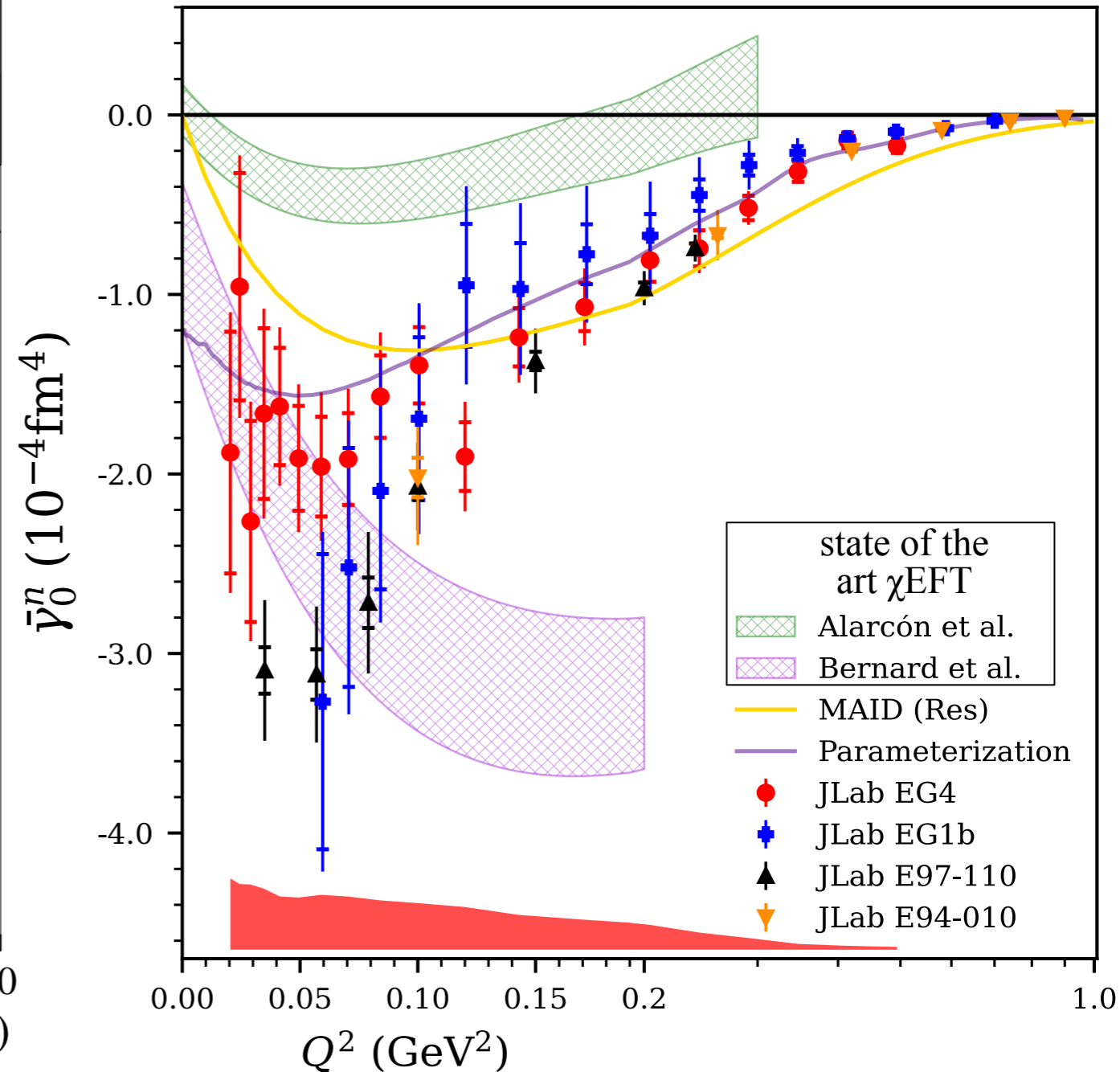
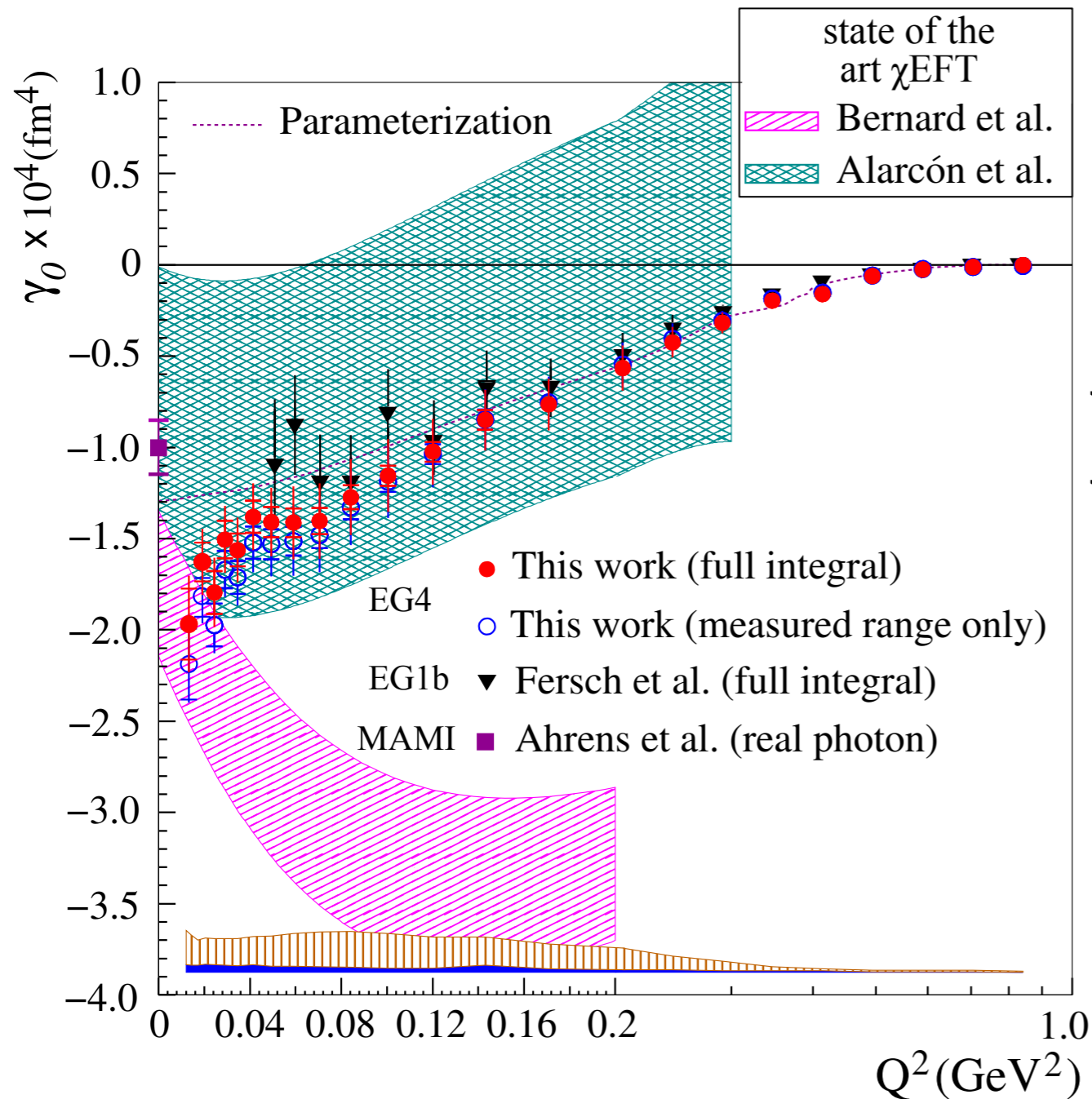
Archival: AD *et al.* PRC (2025)

E97-110 neutron,

$\gamma_0^n(Q^2)$: V. Sulkosky et al.
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EG4 deuteron and proton,

AD *et al.* PRC (2025)



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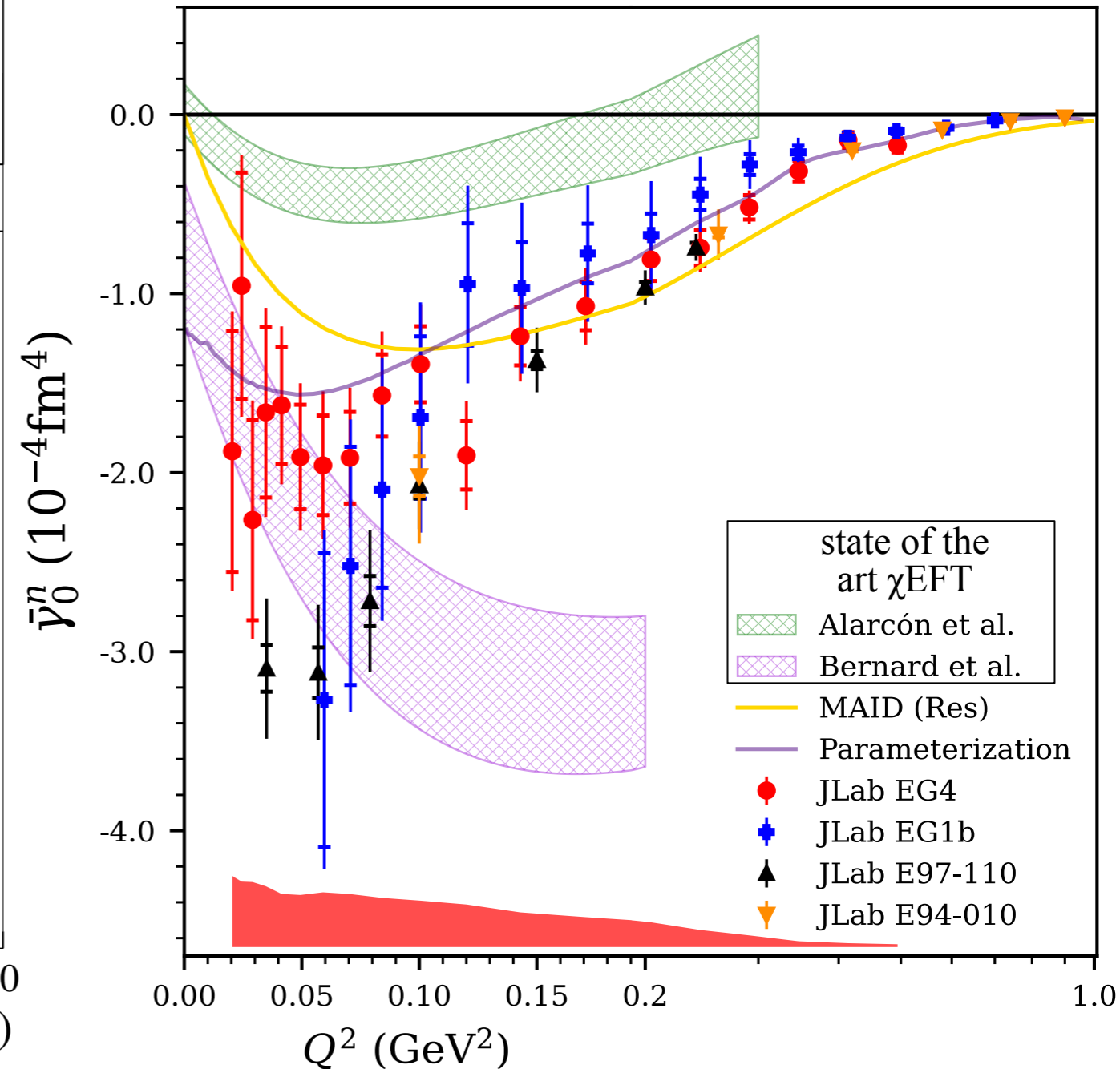
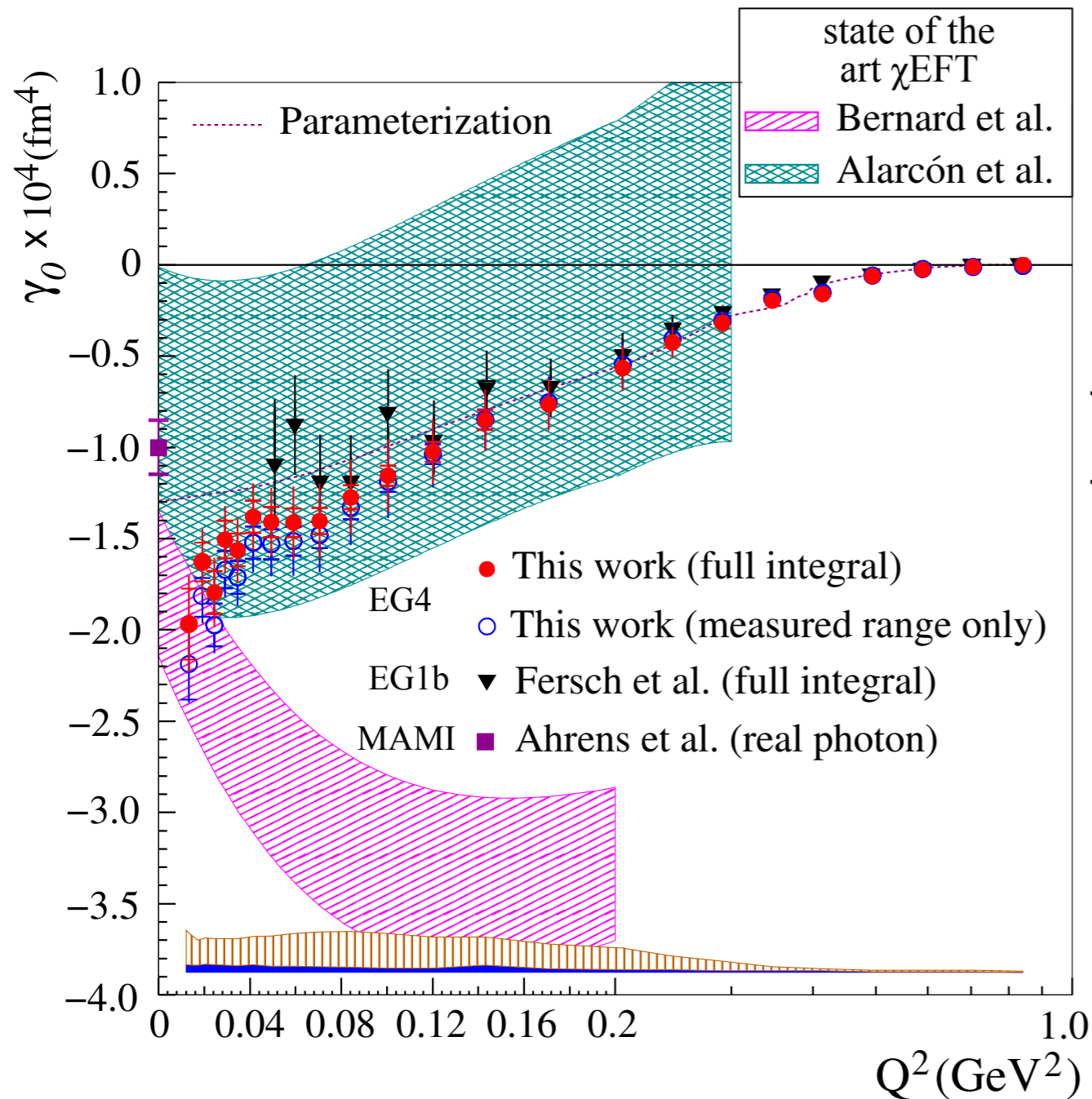
Interpretation from effective theory (hadronic d.o.f)

γ_0 : \sim difference between contributions from Δ resonance (negative) and the nucleon's pion cloud (positive).

$Q^2 = 0$: Δ dominates.

Growing Q^2 : spacetime resolution becomes finer \Rightarrow (extended) pion cloud contributes even less.

Larger Q^2 , γ_0 vanishes since it is a global property of the nucleon.



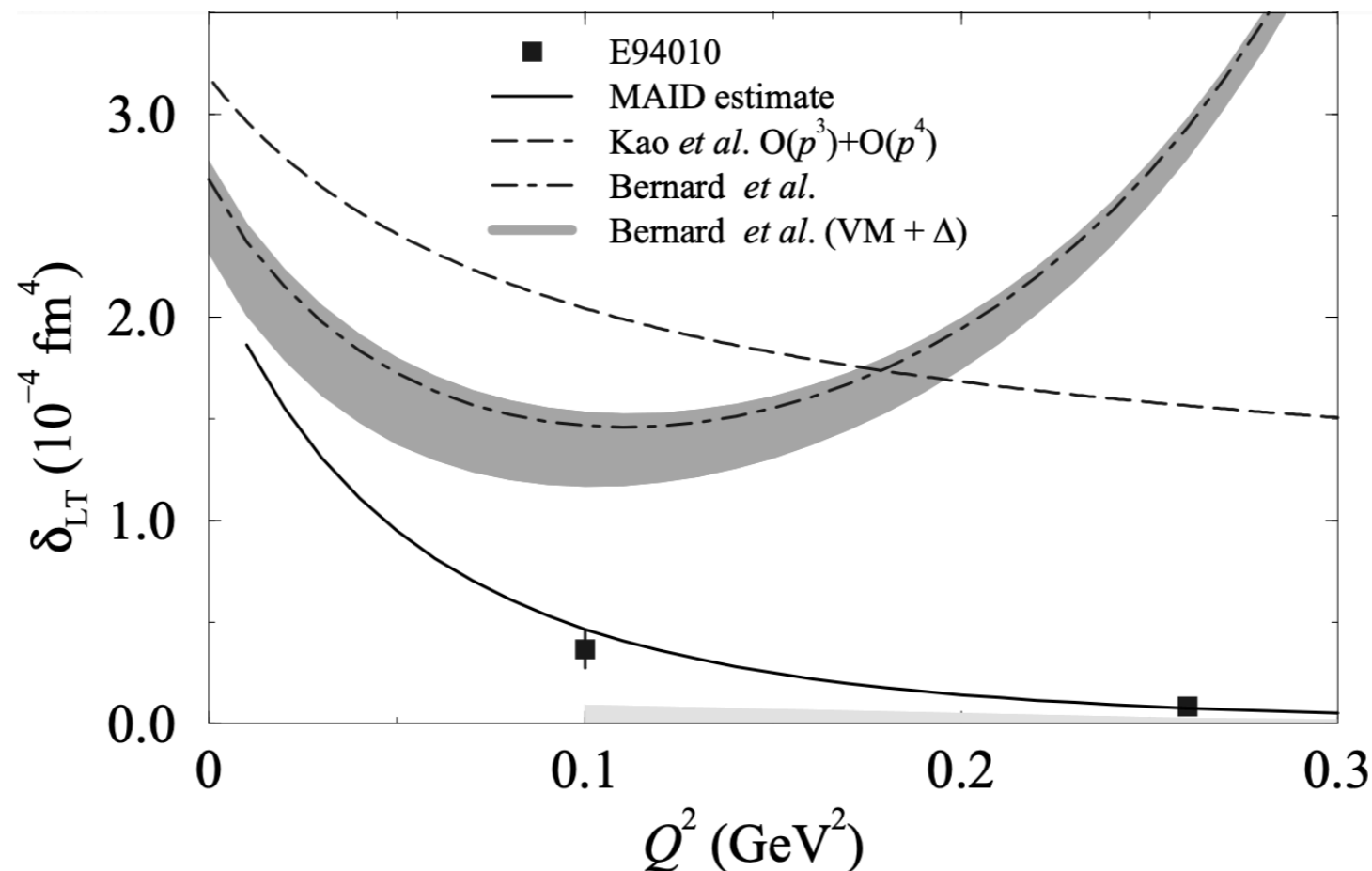
$\delta_{LT}(Q^2)$:

- **Δ resonance (negative) contribution suppressed:** Expect to be a robust χ EFT prediction (Δ d.o.f difficult to include in χ EFT calculations);
- **Higher moment:** Expect to be a robust moment measurement (essentially no unmeasured low- x issue).

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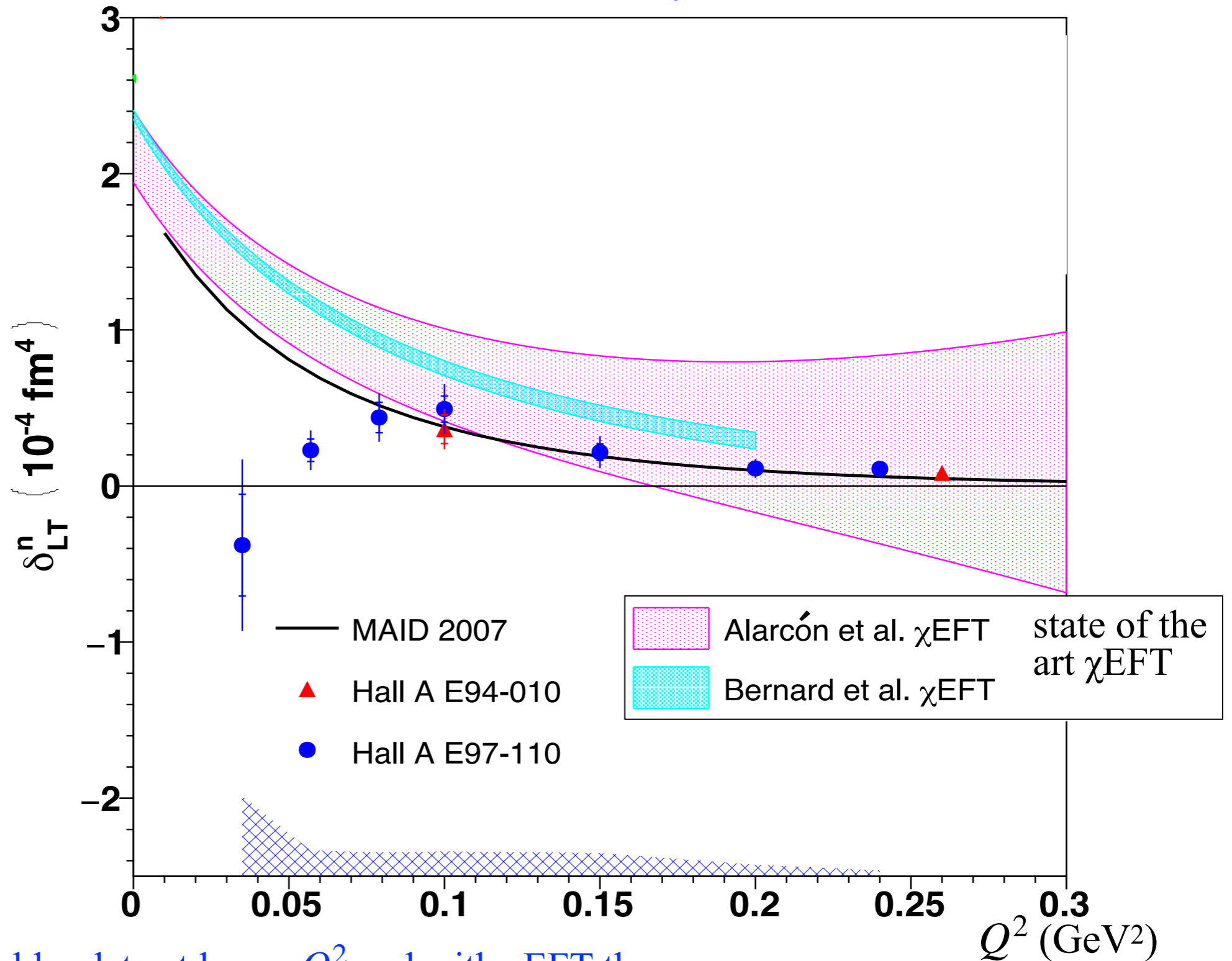
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\Rightarrow The disagreement between $\delta_{LT}^n(Q^2)$ data from an earlier experiment (E94-010) and χ EFT was particularly surprising: “ δ_{LT} puzzle”.



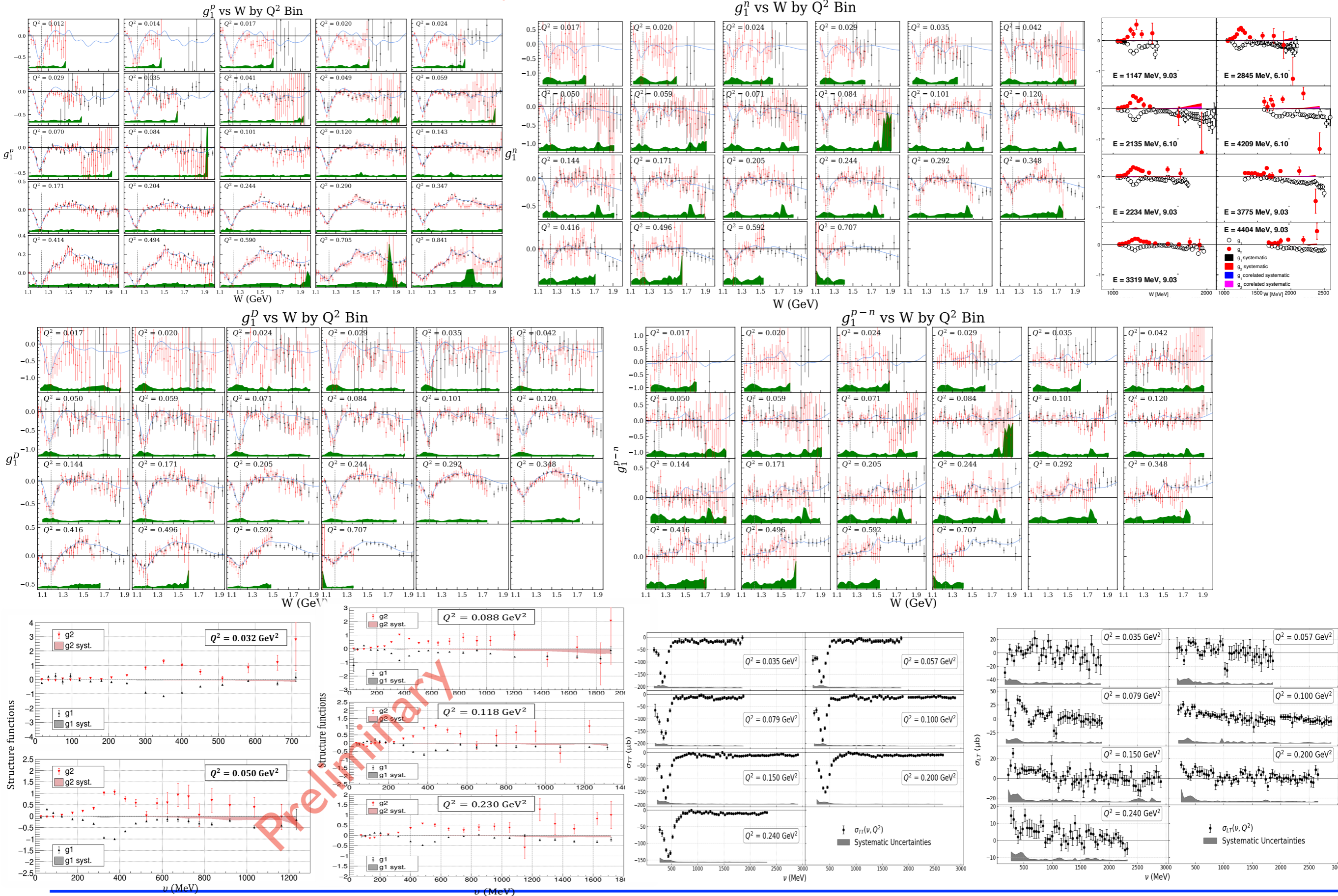
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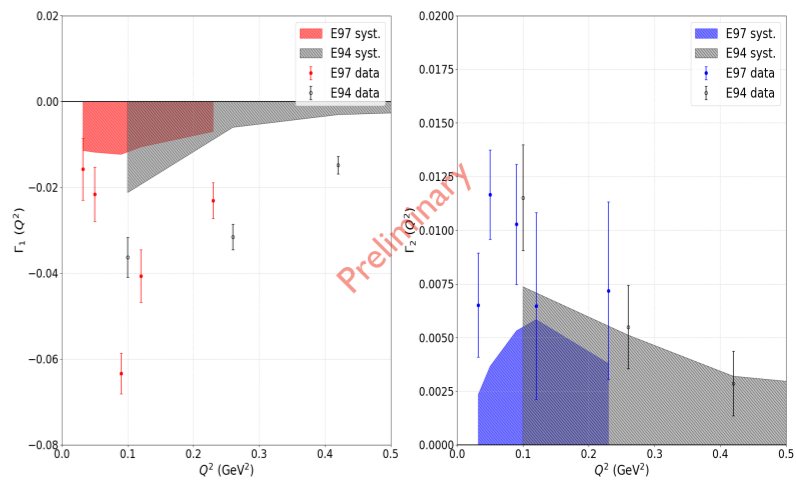
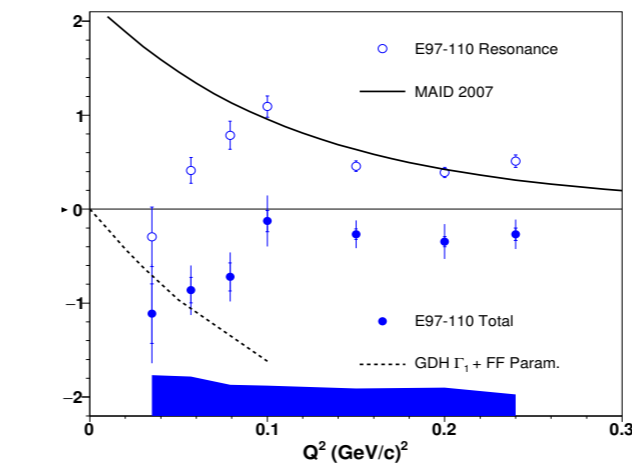
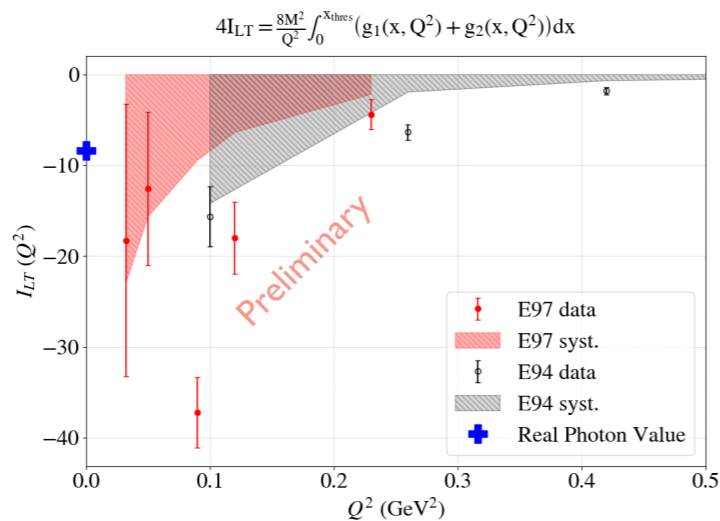
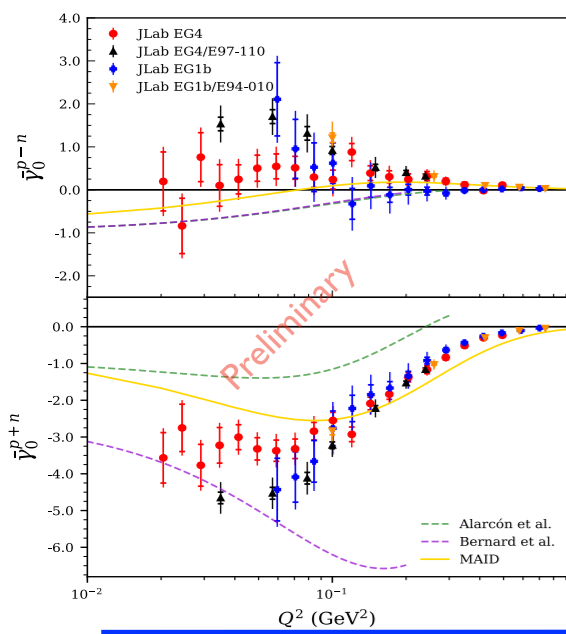
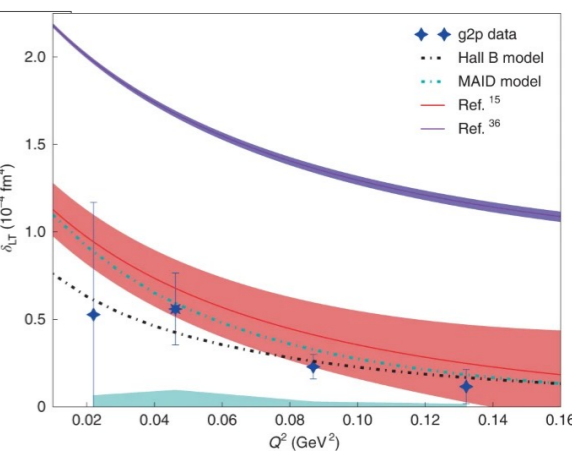
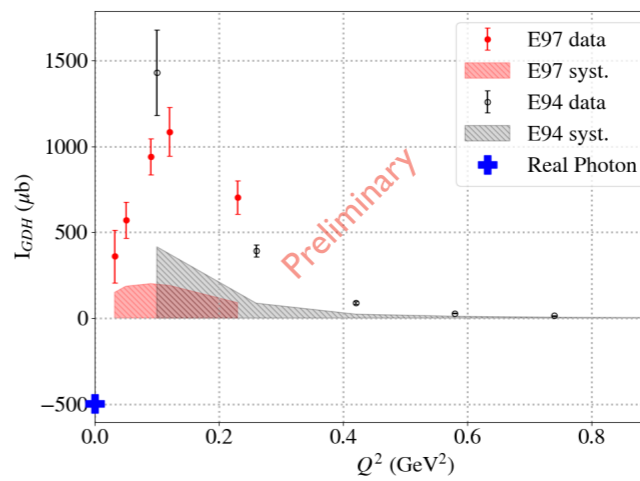
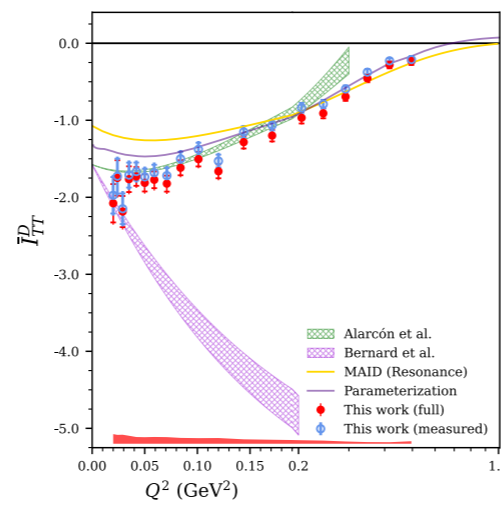
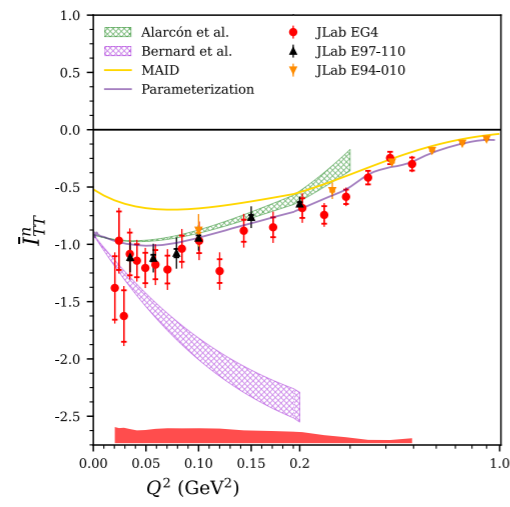
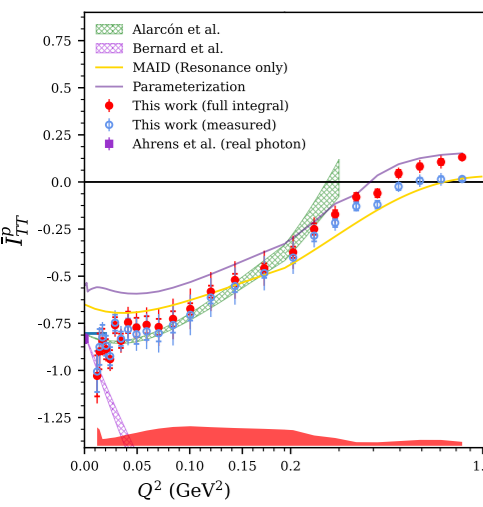
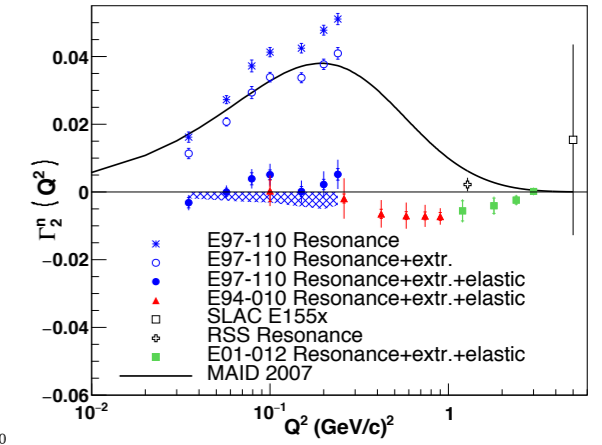
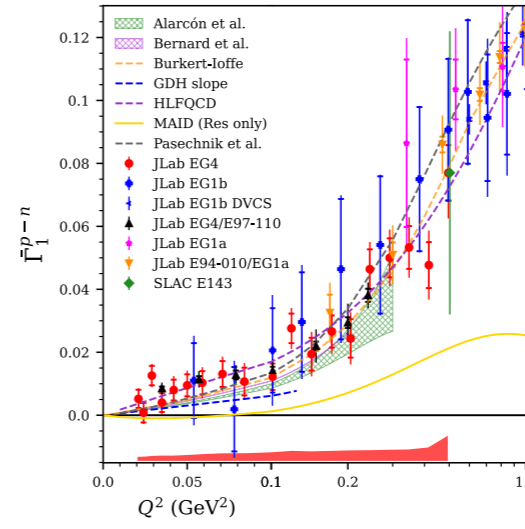
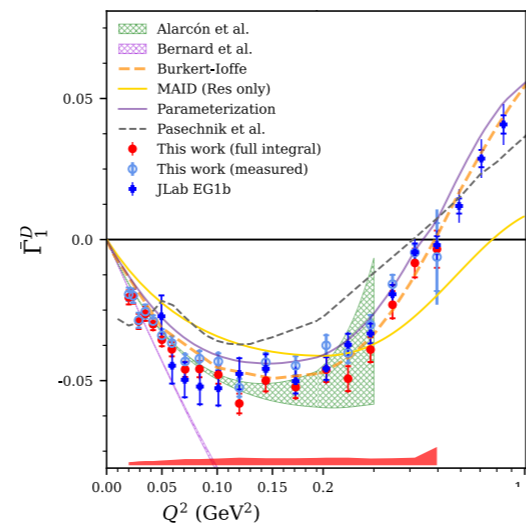
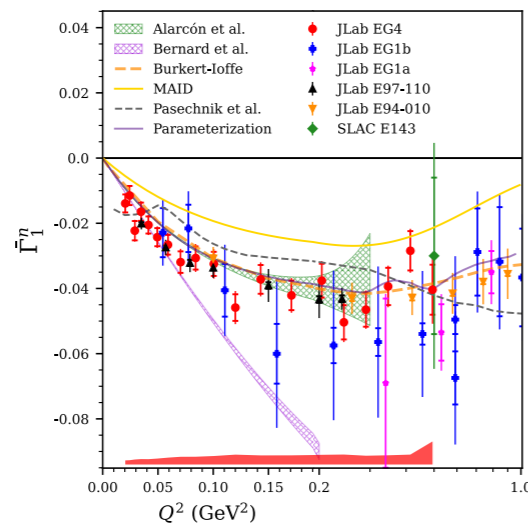
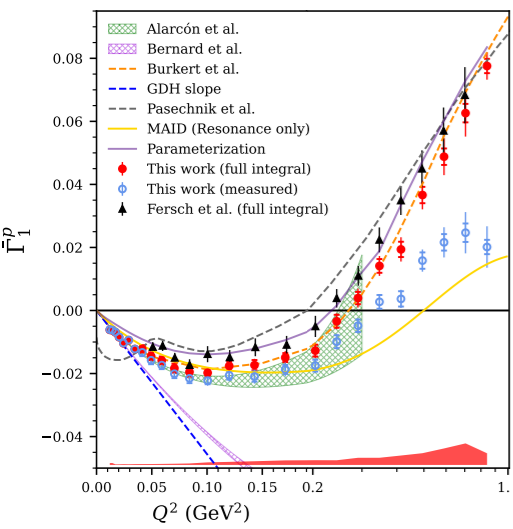


- Good agreement with older data at larger Q^2 and with χ EFT there.
- Disagreement with χ EFT at lower Q^2 , although first moment $\int [g_1 + g_2] dx$ agrees with Schwinger sum rule, see back-up slides.
- \Rightarrow “ $\delta_{LT}^n(Q^2)$ puzzle” still remains.

Lots more data on spin structure functions and their moments



Lots more data on spin structure functions and their moments



Extensive test of χ EFT with spin degrees of freedoms

A: agree over range $0 < Q^2 \lesssim 0.1 \text{ GeV}^2$
 X: disagree over range $0 < Q^2 \lesssim 0.1 \text{ GeV}^2$
 - : No prediction available

No significant low-x contribution
 (More robust measurements)

Ref.	Γ_1^p	Γ_1^n	Γ_1^{p-n}	Γ_1^{p+n}	γ_0^p	γ_0^n	γ_0^{p-n}	γ_0^{p+n}	δ_{LT}^p	δ_{LT}^n
Ji 1999	X	X	A	X	-	-	-	-	-	-
Bernard 2002	X	X	A	X	X	A	X	X		X
Kao 2002	-	-	-	-	X	X	X	X		X
Bernard 2012	X	X	$\sim A$	X	X	A	X	X	X	X
Alarcon 2020	A	A	$\sim A$	A	$\sim A$	X	X	X	A	X

1st generation
 experiments
 and χ EFT
 predictions

2nd generation
 (this talk)

Nucleon resonance Δ_{1232} contribution is suppressed (more robust χ pt calculations)

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Ref.	Γ_1^p	Γ_1^n	Γ_1^{p-n} ♥	Γ_1^{p+n}	γ_0^p ♥	γ_0^n ♥	γ_0^{p-n} ♥♥	γ_0^{p+n} ♥	δ_{LT}^p ♥♥	δ_{LT}^n ♥♥
Ji 1999	X	X	A	X	-	-	-	-	-	-
Bernard 2002	X	X	A	X	X	A	X	X		X
Kao 2002	-	-	-	-	X	X	X	X		X
Bernard 2012	X	X	$\sim A$	X	X	A	X	X	X	X
Alarcon 2020	A	A	$\sim A$	A	$\sim A$	X	X	X	A	X

Improvement compared to the state of affairs of early 2000s.

Yet, mixed agreement, depending on the observable, despite χ EFT refinements (new expansion scheme, including the Δ_{1232} d.o.f,...) and despite data now being well into the expected validity domain of χ EFT.

Well-controlled χ EFT description of spin observables at large distance remains challenging.

Conclusion

χ EFT, although successful in many instances, is challenged by results from dedicated (low Q^2 , χ EFT domain) spin experiments.

To be sure, low Q^2 sum rule measurements are challenging (forward angles, low- x extrapolation, high- x contamination). But the experiments were run independently with very different detectors and methods. \Rightarrow We seem to be verifying James Bjorken's statement:

“Polarization data has often been the graveyard of fashionable theories. If theorists had their way they might well ban such measurements altogether out of self protection.”

This is a problem: χ EFT is the leading approach to manage the first level of complexity of the strong force.

Nuclear physics
d.o.f: hadrons

hadronic physics
d.o.f: hadrons

Fundamental forces: electromagnetic, weak, strong, gravitation
Fundamental particles: quarks, electrons, neutrinos...

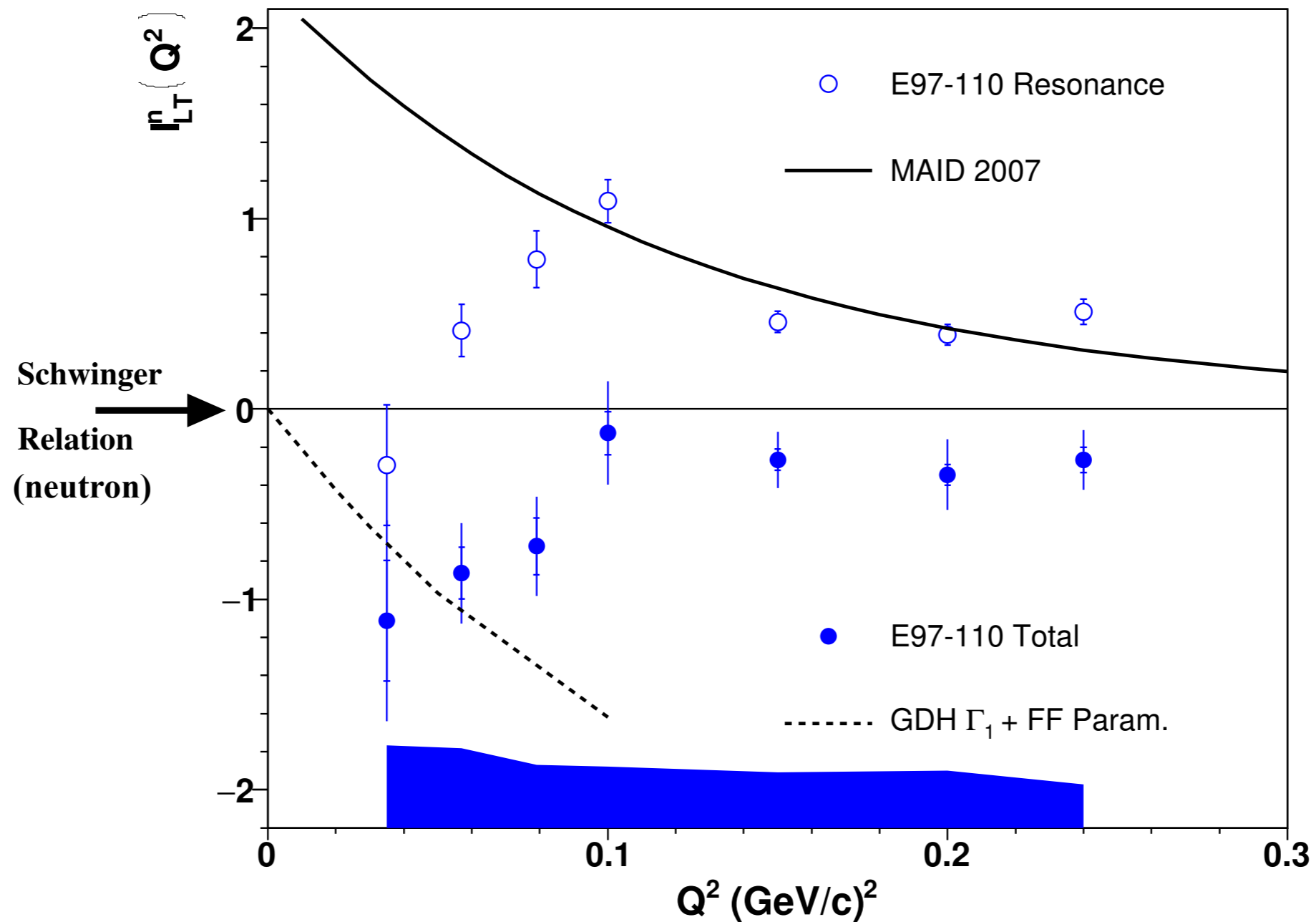
Back-up slides

First moments: Schwinger sum rule on neutron from E97-110

$$I_{LT}(Q^2) = \frac{8M^2}{Q^2} \int_0^{1^-} (g_1 + g_2) dx \xrightarrow{Q^2 \rightarrow 0} \kappa e_t$$

anomalous magnetic moment \times charge

V. Sulkosky et al.
Nature Physics, **17** 687 (2021)

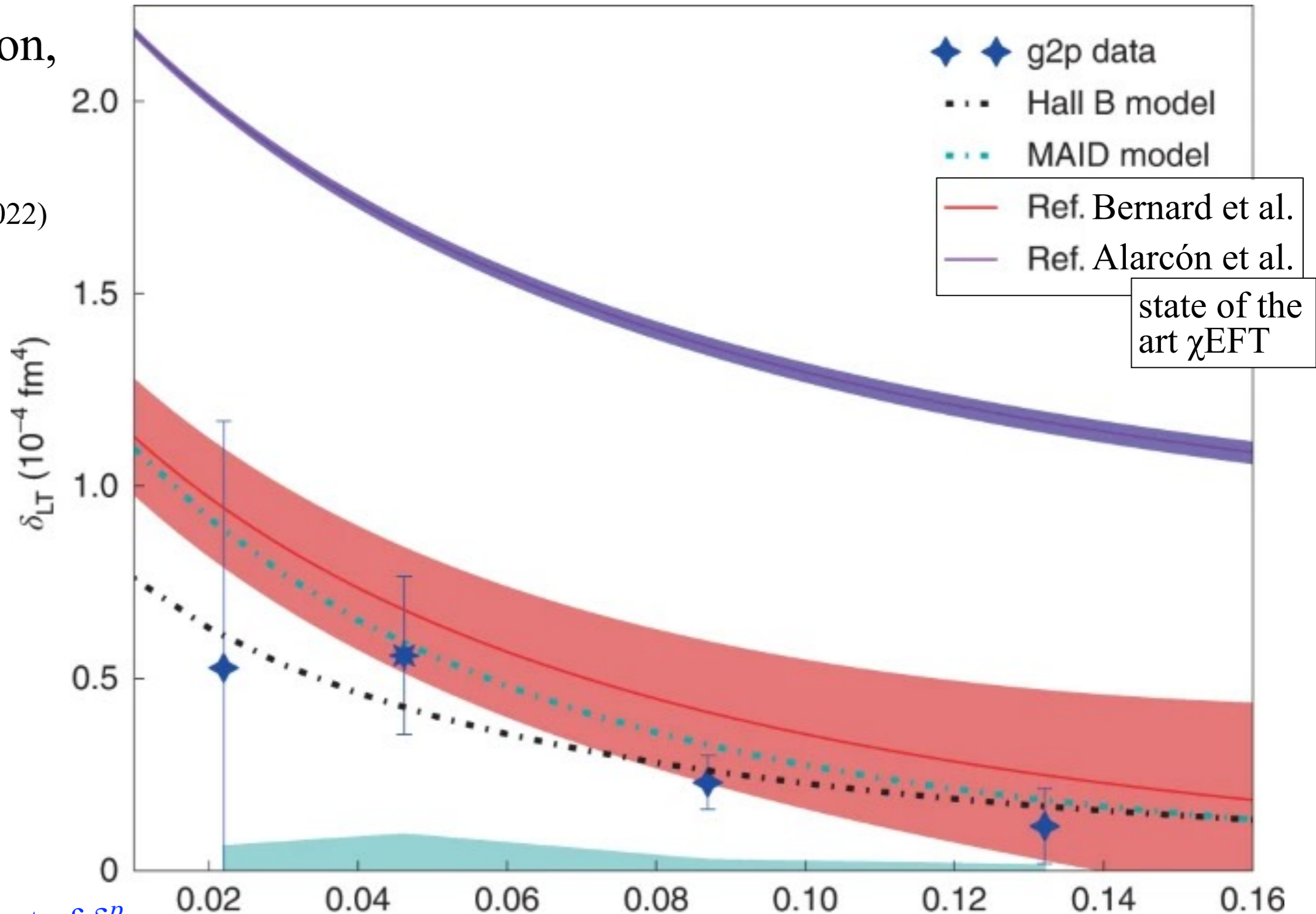


E97-110 (+GDH+BC sum rule+known neutron elastic form-factor) agrees with Schwinger sum rule.

JLab low Q^2 experimental results $\gamma_0(Q^2)$ and $\delta_{LT}^p(Q^2)$

E08-027 proton,
 $\delta_{LT}^p(Q^2)$:

D. Ruth, et al,
 Nat. Phys. **18** 1441 (2022)



- First measurement of δ_{LT}^p
- Agree with χ EFT state-of the χ EFT (Alarcón et al) for relative Q^2 -behavior (not absolute value).
- “ $\delta_{LT}^p(Q^2)$ puzzle” solved?

χ EFT series

Domain of applicability: $Q^2=0$ to somewhere between $m_\pi^2 \approx 0.02 \text{ GeV}^2$ and $\Lambda_\chi^2 \approx 1 \text{ GeV}^2$ (the chiral symmetry breaking scale).

Depends on the order at which the series is expanded.

Main χ PT expansion (π -N loops): small parameter m_π/Λ_χ .

Including Δ effects (Δ -N loops): additional expansion parameter(s). **Two schemes:**

- $\delta_{N\Delta} \equiv M_\Delta - M_N$ considered to be of same order as m_π (Bernard et al)
- $\delta_{N\Delta}$ considered as intermediate scale $> m_\pi$ (Alarcon et al.)

\Rightarrow various Δ contributions may arise at different order in the two schemes.

At high enough order, the scheme difference should be negligible.

Bigger difference between two state of the art calculations:

Alarcón et al. includes **empirical form factors** to the relevant couplings to approximate some of the high-order contributions. Accounts for the suppression of γ_0 and δ_{LT} at large Q^2 .

Bernard et al. is a purer calculation, with no such empirical addition, but does not account well for large Q^2 suppression.