



Chiral Phase Transition in Lattice Quantum Chromodynamics
Signatures of Chiral Symmetry Restoration

Adel Bensaoula

Supervisor: Dr. Rene Bellwied

Department of Physics
University of Houston

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Motivation

- Understanding strongly interacting matter at extreme conditions (High- T and High- μ_B) is crucial for mastery over QCD at all regimes.
- Validating theoretical models that describe QCD at high energies.
- Chiral Symmetry Restoration → Experimental confirmation of the **Quark-Gluon Plasma**.

Overview

- 1 Introduction
 - Quantum Chromodynamics (QCD)
 - Overview of Phase Transitions
 - The Phases of QCD
 - Lattice Gauge Theory and QCD
- 2 The Limits of QCD
 - The Limits of QCD Lagrangian
 - The Z_3 Symmetry of Pure Gauge QCD
 - The Chiral Phase Transition in the Chiral Limit
 - Key Takeaways of the Chiral Phase Transition
- 3 Chiral Symmetry Observables
 - Experimental Observables (I) - (III)
- 4 Experimental Analysis
- 5 Conclusion

1. Introduction

Quantum Chromodynamics (QCD)

Going over the fundamentals (*Again...*)

- Quantum Chromodynamics (QCD) is the theory of strongly interacting matter.
- Describes the binding of **Quarks** mediated by **Gluons** into bound states → **Hadrons** which come in $q\bar{q}$ (Mesons) or qqq (Baryons¹) states.
- Color Charge (QCD) $\xleftrightarrow{\text{analogous}}$ Electric Charge (QED). However;
 - Three color charges instead of one!
 - Color confinement; Strength rises with distance!
 - Asymptotic Freedom; interaction weakens at High Energies.

Next, A *brief* overview of Phase Transitions ...

¹Multi-quark states with > 3 Quarks remain to be experimentally confirmed but are, however, theoretically possible. They may also constitute of a molecular baryon-meson or baryon-baryon state.

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Overview on Phase Transitions

- A **Phase Transition** (PT) is the transformation of a thermodynamic system² from one phase to another. Properties of the medium exhibiting a phase transition often change **discontinuously** as a result of **external conditions**.
- An **Order Parameter** is a physical observable that is able to distinguish between two distinct phases.
- We follow the *Ehrenfest* Phase Transition Classification based on the behavior of the Free Energy as a function of other thermodynamic variables:
 - First Order Phase Transition; *First Derivative* discontinuity with respect to a thermodynamic variable.
 - Second Order Phase Transition; *Second Derivative* divergence and discontinuity and power law behavior of $\frac{|T_c - T|}{T_c}$ at T_c .
 - Analytic Crossover; Smooth change from one phase to another, characterized by a *peak* in susceptibility.

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QCD Phase Diagram

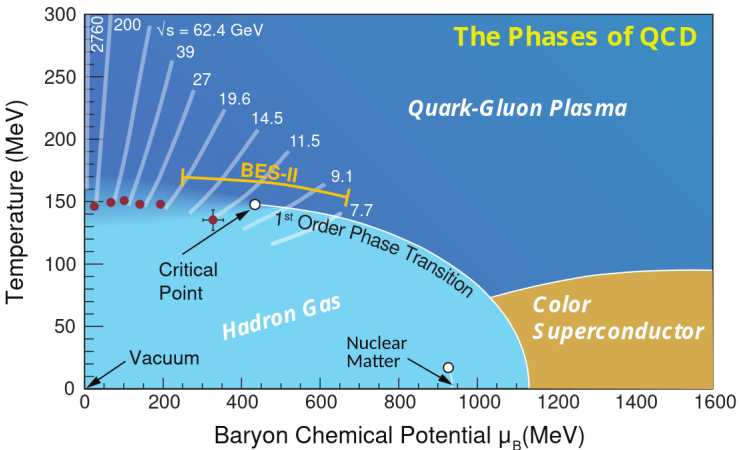


Figure 1: A schematic QCD phase diagram in the thermodynamic parameter space spanned by the temperature T and baryonic chemical potential μ_B . The corresponding (center-of-mass) collision energy ranges for different accelerator facilities, especially the RHIC beam energy scan program, are indicated in the figure. Figure adapted from [Bzd+20]

Lattice Gauge Theory and QCD

- **Lattice QCD** (LQCD) is a non-perturbative approach to studying strongly interacting matter.
- Quarks are represented by lattice points and Gluons are the links between them!
- The relative *strength* of the links can be adjusted.
- **However!** $cost \propto \left(\frac{L}{a}\right)^4 \frac{1}{a} \frac{1}{m_\pi^2 a}$; with $\left(\frac{L}{a}\right)^4$ being the lattice specs and $\frac{1}{a} \frac{1}{m_\pi^2 a}$ being the *critical slow-down parameter*.

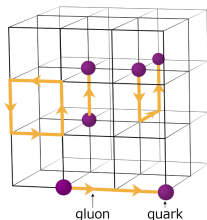


Figure 2: Lattice QCD discretization illustration. Quark fields lie on the grid points, and gluon are represented by links connecting two points[Bi +20]

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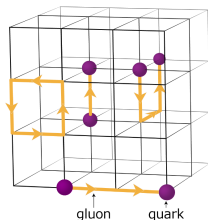


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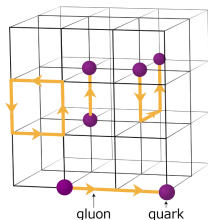


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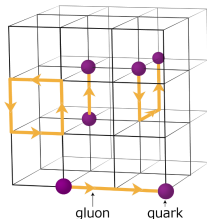


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Thermal LQCD

- Temperature evolution \iff Time evolution
 - $T^{-1} = a_t N_t$
- $\frac{a_\tau}{a_s} \ll 1$
- (Anti-)Periodic boundary conditions on the (Fermionic) Bosonic degrees of freedom.³
- $\beta = \frac{6}{g^2}$ varies T .⁴

³This ensures correct spin statistics.

⁴Increasing β drives the correlation length to diverge in units of lattice spacing, thus increasing the temperature.

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2. The Limits of QCD

Limits of the QCD Lagrangian

What is the Pure Gauge Limit of QCD?

$$m_q \rightarrow \infty$$

- Only **gluonic** degrees of freedom!
- Z_3 Symmetry of QCD; 1st Order PT.
- **Polyakov Loop** $\langle L(\vec{r}) \rangle$; Order Parameter.

What is the Chiral limit of QCD?

$$m_q \rightarrow 0$$

- **Chiral Symmetry** spontaneously broken.
- **Chiral Condensate** $\langle \Psi \bar{\Psi} \rangle$; Order Parameter; 2nd Order PT.

Real World!

$$m_q \neq 0; \text{ small for } u, d, s$$

- **Chiral Symmetry** explicitly broken by finite quark masses.
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Honorable mention: The Z3 Symmetry Breaking of Pure Gauge QCD

$$m_l \rightarrow \infty \quad \Rightarrow \quad m_l \neq 0$$

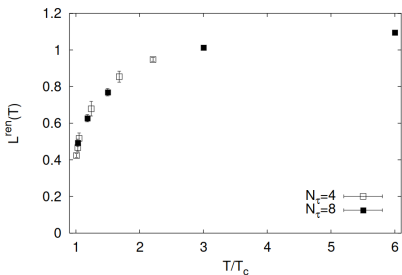


Figure 3: Heavy Quark Anti-Quark Renormalized Polyakov loop as a function of temperature.[Kac+02]

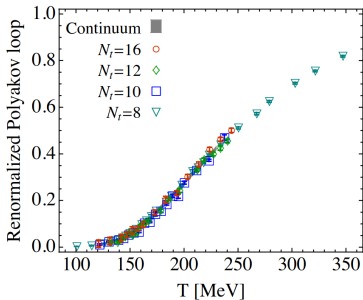


Figure 4: Renormalized Polyakov loop as a function of the temperature with Physical Quark Masses.[Bor+10]

Our Focus: The Chiral Phase Transition in the Chiral Limit

$$m_l \rightarrow 0$$



$$m_l \neq 0$$

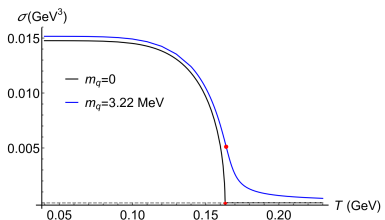


Figure 5: Chiral condensate σ as a function of temperature T in the chiral limit ($m_q = 0$, the black curves) and with the physical quark mass ($m_q = 3.22$, the blue curve). The red circles represent the critical point (T_C) of the second order phase transition and the crossover point (T_{CP}), which is identified as the fastest decreasing point of σ , i.e., $d^2\sigma/d^2T|_{T=T_{CP}}$. Numerically, we get $T_C = 0.163\text{GeV}$ and $T_{CP} = 0.164\text{GeV}$ [Cao+21]

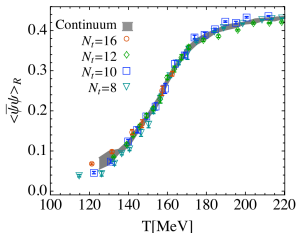


Figure 6: Renormalized Chiral Condensate $\langle\bar{\psi}\psi\rangle_R$ defined in eq.(1)[Bor+10]

$$\langle\bar{\psi}\psi\rangle_R = -(\langle\bar{\psi}\psi\rangle_{l,T} - \langle\bar{\psi}\psi\rangle_{l,0}) \frac{m_l}{X} \quad (1)$$

with $l = u, d$

The Chiral Susceptibility $\chi_{\Psi\bar{\Psi}}$

$$\chi_{\Psi\bar{\Psi}} \sim -\frac{\partial F}{\partial m_l} \quad (2)$$

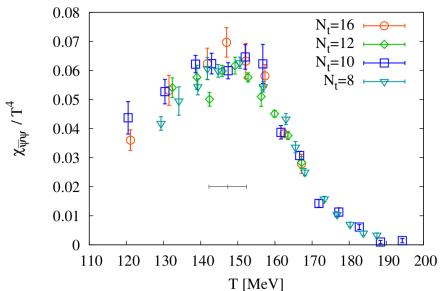


Figure 7: Re-normalized Chiral susceptibility as a function of the temperature normalized with $1/T^4$. The horizontal error bar marks the temperature of the peak in the continuum. The peak position is sensitive to the details of the normalization, which is a manifestation of the broadness of the transition range.[Bor+10]

Key Takeaways on the Chiral Phase Transition

- Defining the Light Quark Susceptibility $\chi_{\psi\bar{\psi}}$ in eq. (2)[Bor+10], we get observe a divergence + Power Law behavior at the Chiral limit indicative of a 2nd order PT.
- In the case of $m_l \neq 0$ This is replaced by an **Analytic Crossover** marked by a peak in the Light Quark Susceptibility $\chi_{\psi\bar{\psi}}$.
- Though Chiral Symmetry is explicitly broken with the physical quark masses, we still expect a *partial* restoration at a high enough energy regime.

3. Chiral Symmetry Observables

But First, Resonances as Probes for the Medium

But just what are *Resonances*?

- Unstable excited states characterized by a pole position⁵ in the complex s -plane.

$$\sqrt{s_R} = M_R - i \frac{\Gamma_R}{2}$$

- with M_R being the rest mass and $\Gamma_R/2$ being the Lifetime.
- Coupled to multiple decay channels.

E.g: $\Delta(1232)$ Resonance decay channels

$$\Delta^{++} \rightarrow p + \pi^+$$

$$\Delta^+ \rightarrow p + \pi^0$$

$$\Delta^0 \rightarrow p + \pi^-$$

$$\Delta^0 \rightarrow n + \pi^0$$

$$\Delta^- \rightarrow n + \pi^-$$

⁵Model Independent

Experimental Observables (I)

- **Chiral Symmetry** implies that every Isospin multiplet has a mass degenerate *parity partner*⁶. However, $m_l \neq 0$ explicitly breaks this symmetry thus making them no longer degenerate.

E.g:

$$J^\pi = 1^- \text{ (vector)} \quad m_\rho = 0.77 \text{ GeV}$$

$$J^\pi = 1^+ \text{ (axial vector)} \quad m_{a_1} = 1.23 \text{ GeV}$$

- Experimental Evidence that **Chiral Symmetry is not realized** at hadronic phase!

- **What happens at the Analytic Crossover?**

Chiral Symmetry Restoration \Rightarrow Parity Partner Mass Degeneracy⁷

Mass Modification!

⁶State with the same Mass, Quantum Numbers and Opposite Parity.

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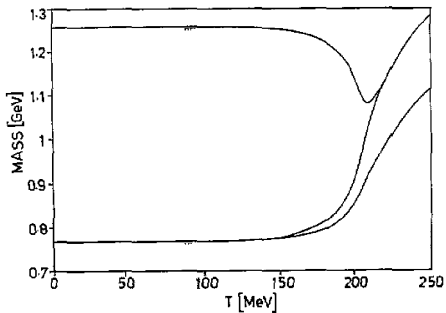


Figure 8: Temperature dependence of vector and axial-vector meson masses. The upper Curve corresponds to a_1 , the middle one is ρ and the lower one is ω . [BR95]

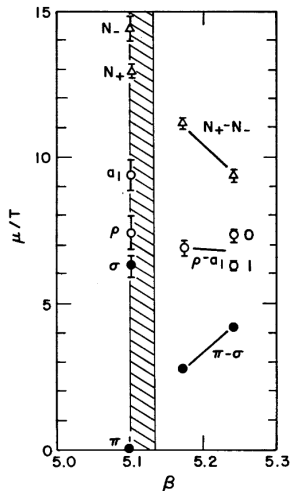


Figure 9: Screening masses, expressed in units of the temperature, as extrapolated to the chiral limit. [DK87]

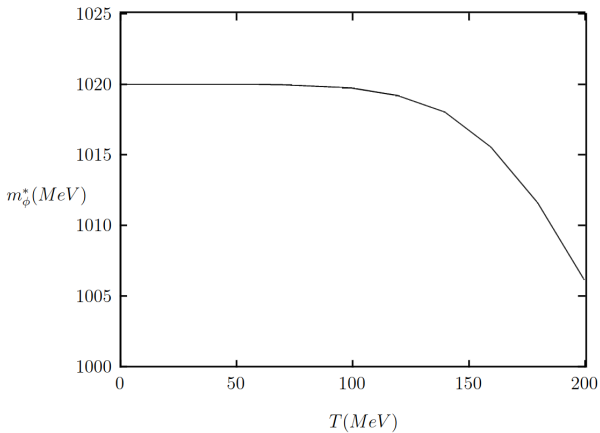


Figure 10: ϕ meson mass dependence on temperature. [Bha+97]

Experimental Observables (II)

- **Increased Interaction rates:** → Modification of the spectral width.
 - Expected enhancement in production mechanisms in the presence of the medium.
- **Resonance Overlap** → Increase in the density of states of Resonances.

Width Broadening!

Experimental Observables (II)

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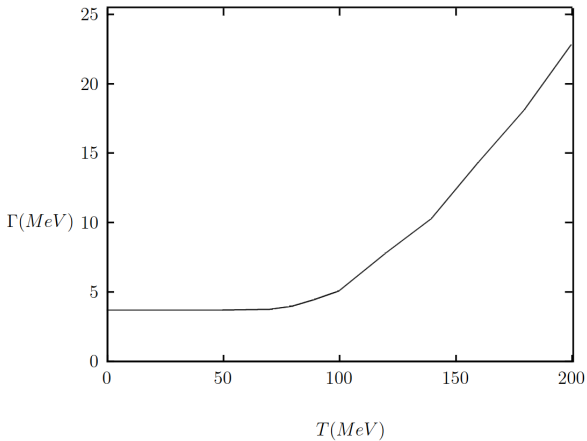


Figure 11: ϕ meson width dependence on temperature. [Bha+97]

Experimental Observables (III)

- **Off-mass shell decay** → Main decay channel rate reduction.
 - What happens once we're below the **Energy Threshold** of the main decay channel?

$$\text{E.g: } m_{\Delta}(T)|_{T \rightarrow T_c} \neq m_N + m_{\pi}$$

- **Decay Channel** → Secondary decay channel enhancement.
 - Can we disentangle a Temperature dependence in Γ_S/Γ_P due to the presence of the medium?

Branching Ratio Modification!

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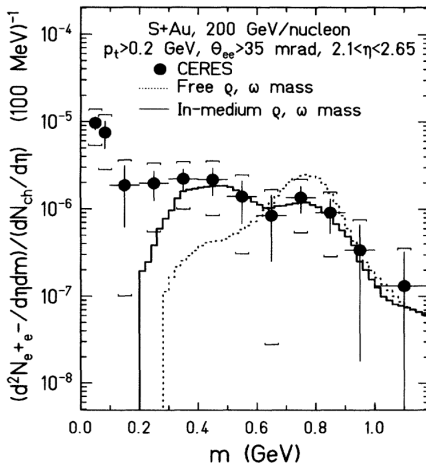


Figure 12: Dilepton invariant mass spectra from calculations with free (dotted histogram) and in-medium (solid histogram) vector meson masses. [LKB95]

More Observables, *Same Signature*

Mass Shifting



Width Broadening



Branching Ratio Modification

4. Experimental Analysis

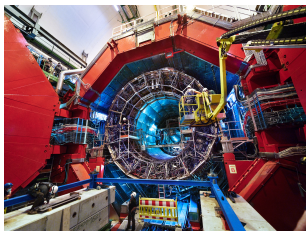


Figure 13: ALICE at CERN.

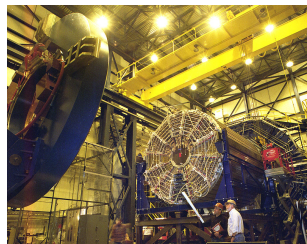


Figure 15: STAR at RHIC.

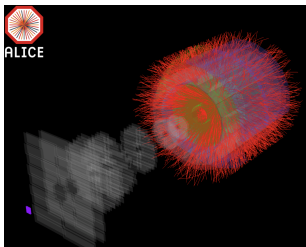


Figure 14: ALICE Event Display for RUN3 Data.

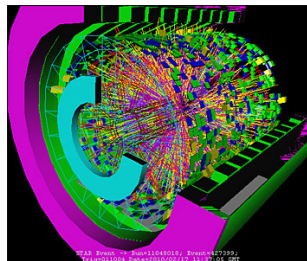


Figure 16: STAR Event Display for RUN20.

Relativistic Heavy-Ion Collisions

Probing matter at the most extreme conditions!

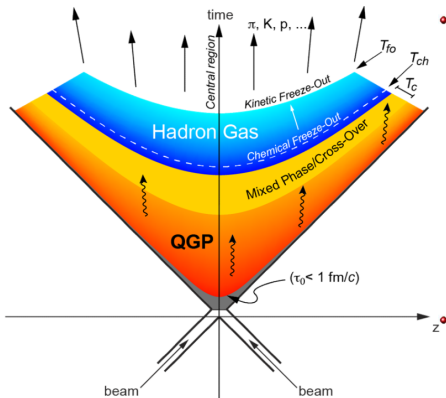


Figure 17: Evolution of a Relativistic Heavy Ion Collision.

Ready, Set, *Measure!* Right?

Right ... ?

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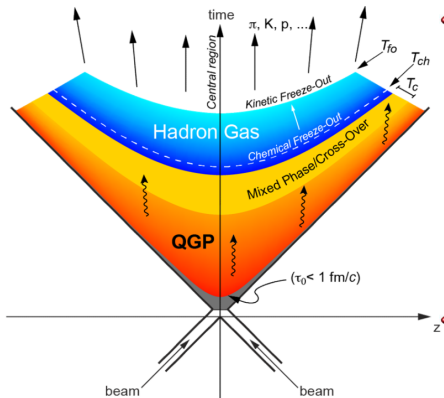


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The Good, the Bad and the Ugly

Surely, it can't be that bad ... Consider the case of the $a_1(1260)$ Meson.

- Two decay channels $\rightarrow \gamma\pi$ and $\rightarrow \rho\pi$.
- Width Broadening driven by Chiral Symmetry Restoration?

Harder to distinguish without $\rho - \pi$ correlations ...

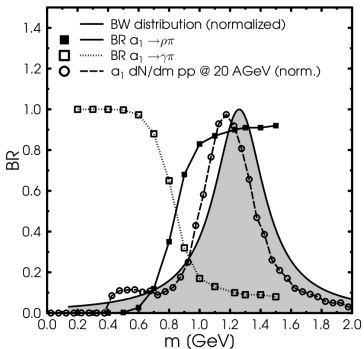


Figure 18: Mass dependent branching ratios for the a_1 meson with the two exit channel of $\gamma\pi$ and $\rho\pi$ as calculated from UrQMD. [VB08]

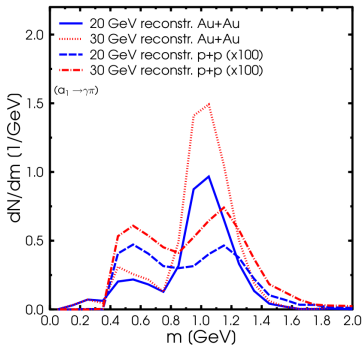


Figure 19: Mass distribution of a_1 mesons which can be reconstructed in $\gamma\pi$ correlations in nucleus-nucleus and proton-proton collisions at 20 and 30 GeV. [VB08]

The Good, the **Bad** and the *Ugly*

Surely, it can't be THAT Ugly ... Consider the case of the $\phi(1020)$ Meson.

- Abundant Production at different energies!
- A **hadronic** decay $\rightarrow K^+ K^-$ and a leptonic decay $\rightarrow e^+ e^-$.
- Noticable deviation in branching ratio due to Chiral Symmetry Restoration?

May be inconclusive since the $\phi(1020)$ **greatly** outlives the QGP ...

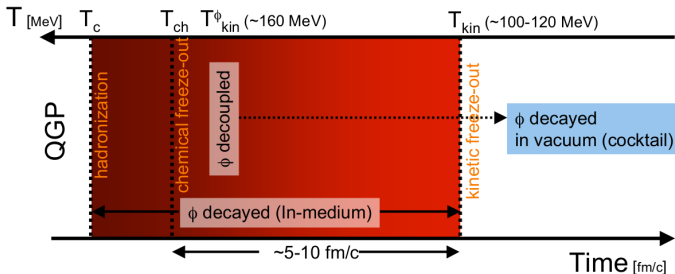


Figure 20: Diagram showcasing the decay of the ϕ through the evolution of the QGP.

The Good, the Bad and the Ugly

Is there even hope for our approach at this point?
Maybe ...

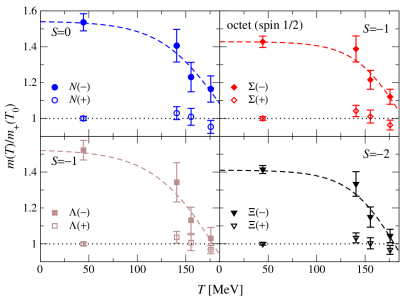


Figure 21: Temperature dependence of the octet ground state masses. [Aar+19]

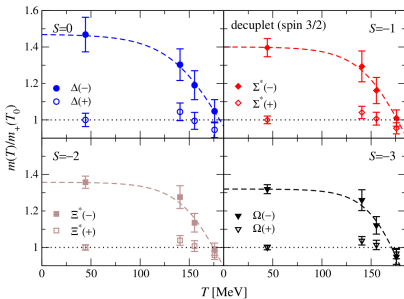


Figure 22: Temperature dependence of the decuplet ground state masses. [Aar+19]

$\Xi (J^\pi = 3/2^\pm)$ Excited Baryon Parity Partners

- Starting with the Positive Chiral Partner $\Xi(1530)$
 - $M_{\Xi(1530)^0} = 1531.6 \pm 0.4 \text{ MeV}$ $M_{\Xi(1530)^-} = 1534.4 \pm 1.1 \text{ MeV}$
 - $\tau \sim 20 \text{ fm}/c$
 - Decay Modes: $\Xi\pi$ and $\Xi\gamma$

- Now, for the **Negative** Chiral Partner $\Xi(1820)$
 - $M_{\Xi(1820)} = 1823 \pm 5 \text{ MeV}$
 - $\tau \sim \mathbf{10 \text{ fm}/c}$
 - Measured Decay Modes: $\Lambda\bar{K}, \Sigma\bar{K}$.
 - Not much is known about the $\Xi(1820)$...

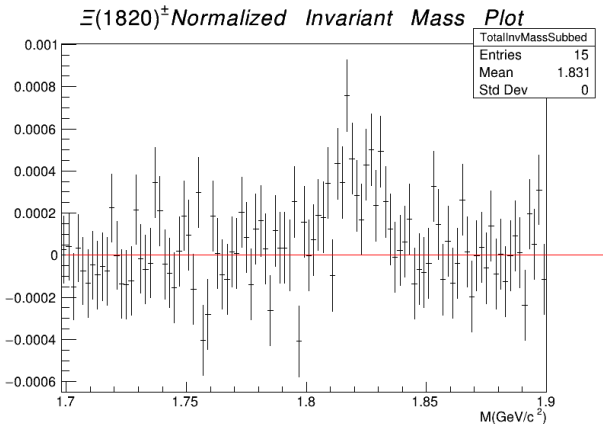


Figure 23: Invariant mass plot produced through background subtraction from ~ 400 million events (collisions).

5. Conclusion

Conclusion

- The Chiral Phase transition is a model independent PT in the Low - μ_B regime.
 - → Rich phenomenon with many experimental observables, some mentioned in previous talk(s).
 - → Key in understanding the nature of confinement in the energy regime.
 - → Direct observation of dynamical mass generation.
- Modification in the Resonance Mass Spectrum *smoking gun* Signature of this PT.
- **Strong** evidence for the existence and production of the Quark-Gluon Plasma!
- **Most important aspect ...** it would be pretty cool :)

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Thank You

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