

MATRIX ELEMENT $\bar{u}_\lambda, \dots u_\lambda$	HELICITY $(\lambda \rightarrow \lambda')$	
	$\uparrow \rightarrow \uparrow$ $\downarrow \rightarrow \downarrow$	$\uparrow \rightarrow \downarrow$ $\downarrow \rightarrow \uparrow$
$\frac{\bar{u}(p)}{\sqrt{p^+}} \gamma^+ \frac{u(q)}{\sqrt{q^+}}$	2	0
$\frac{\bar{u}(p)}{\sqrt{p^+}} \gamma^- \frac{u(q)}{\sqrt{q^+}}$	$\frac{2}{p^+ q^+} \{p_1 \cdot q_1 \pm i p_1 \times q_1 + m^2\}$	$\mp \frac{2m}{p^+ q^+} \{ (p^1 \pm i p^2) - (q^1 \pm i q^2) \}$
$\frac{\bar{u}(p)}{\sqrt{p^+}} \gamma_1^i \frac{u(q)}{\sqrt{q^+}}$	$\frac{p_1^i \mp i \epsilon^{ij} p_1^j}{p^+} + \frac{q_1^i \pm i \epsilon^{ij} q_1^j}{q^+}$	$\mp m \left\{ \frac{p^+ - q^+}{p^+ q^+} \right\} (\delta^{i1} \pm i \delta^{i2})$
$\frac{\bar{u}(p)}{\sqrt{p^+}} \frac{u(q)}{\sqrt{q^+}}$	$m \left\{ \frac{p^+ + q^+}{p^+ q^+} \right\}$	$\mp \left\{ \frac{p^1 \pm i p^2}{p^+} - \frac{q^1 \pm i q^2}{q^+} \right\}$
$\frac{\bar{u}(p)}{\sqrt{p^+}} \gamma^- \gamma^+ \gamma^- \frac{u(q)}{\sqrt{q^+}}$	$\frac{8}{p^+ q^+} \{p_1 \cdot q_1 \pm i p_1 \times q_1 + m^2\}$	$\mp \frac{8m}{p^+ q^+} \{ (p^1 \pm i p^2) - (q^1 \pm i q^2) \}$
$\frac{\bar{u}(p)}{\sqrt{p^+}} \gamma^- \gamma^+ \gamma_1^i \frac{u(q)}{\sqrt{q^+}}$	$4 \left\{ \frac{p_1^i \mp i \epsilon^{ij} p_1^j}{p^+} \right\}$	$\pm \frac{4m}{p^+} (\delta^{i1} \pm i \delta^{i2})$
$\frac{\bar{u}(p)}{\sqrt{p^+}} \gamma_1^i \gamma^+ \gamma^- \frac{u(q)}{\sqrt{q^+}}$	$4 \left\{ \frac{q_1^i \pm i \epsilon^{ij} q_1^j}{q^+} \right\}$	$\mp \frac{4m}{q^+} (\delta^{i1} \pm i \delta^{i2})$
$\frac{\bar{u}(p)}{\sqrt{p^+}} \gamma_1^i \gamma^+ \gamma_1^j \frac{u(q)}{\sqrt{q^+}}$	$2 \{ \delta^{ij} \pm i \epsilon^{ij} \}$	0